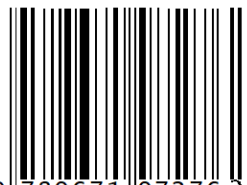


ORAL HEALTH EDUCATION MODULE FOR MOTHERS (OHEM)



Organising an oral health
change in families through
family bonds.

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Maria Ishaq Khattak, Sarliza Binti Yasmin, Ng Sue Fen, Basaruddin Ahmad.

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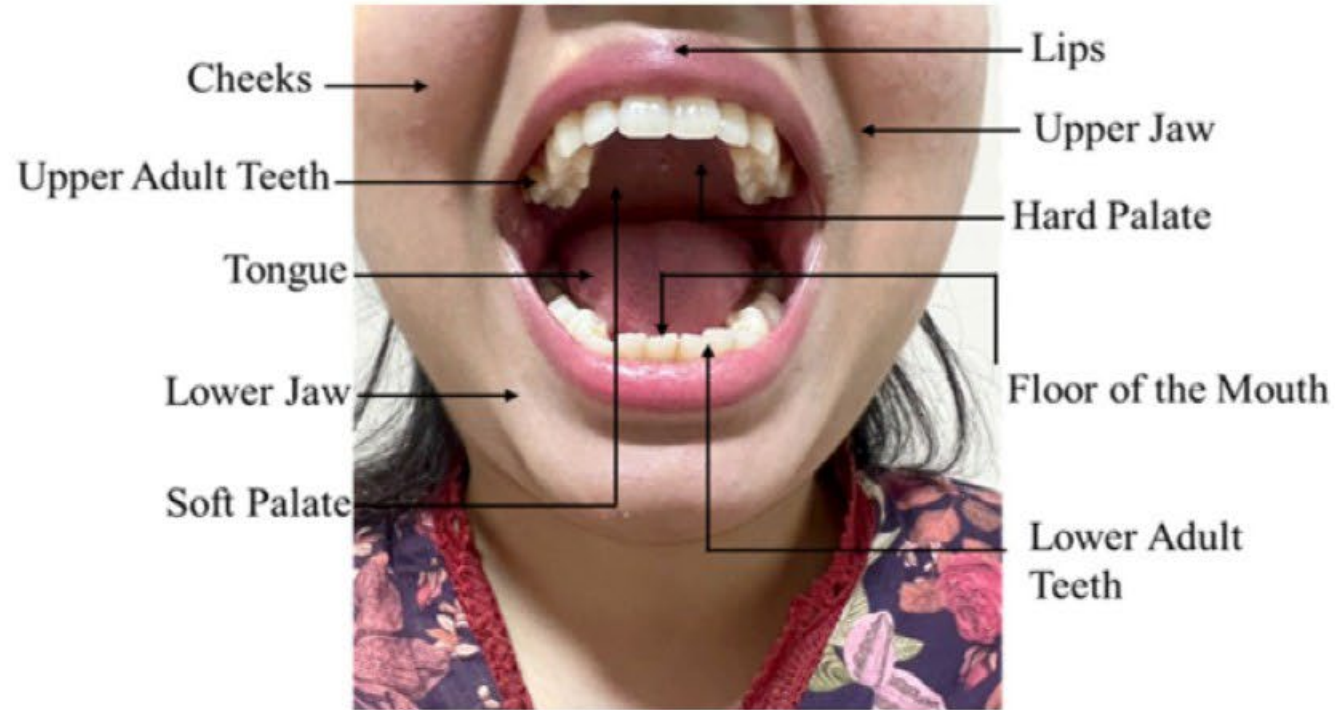
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The Mouth

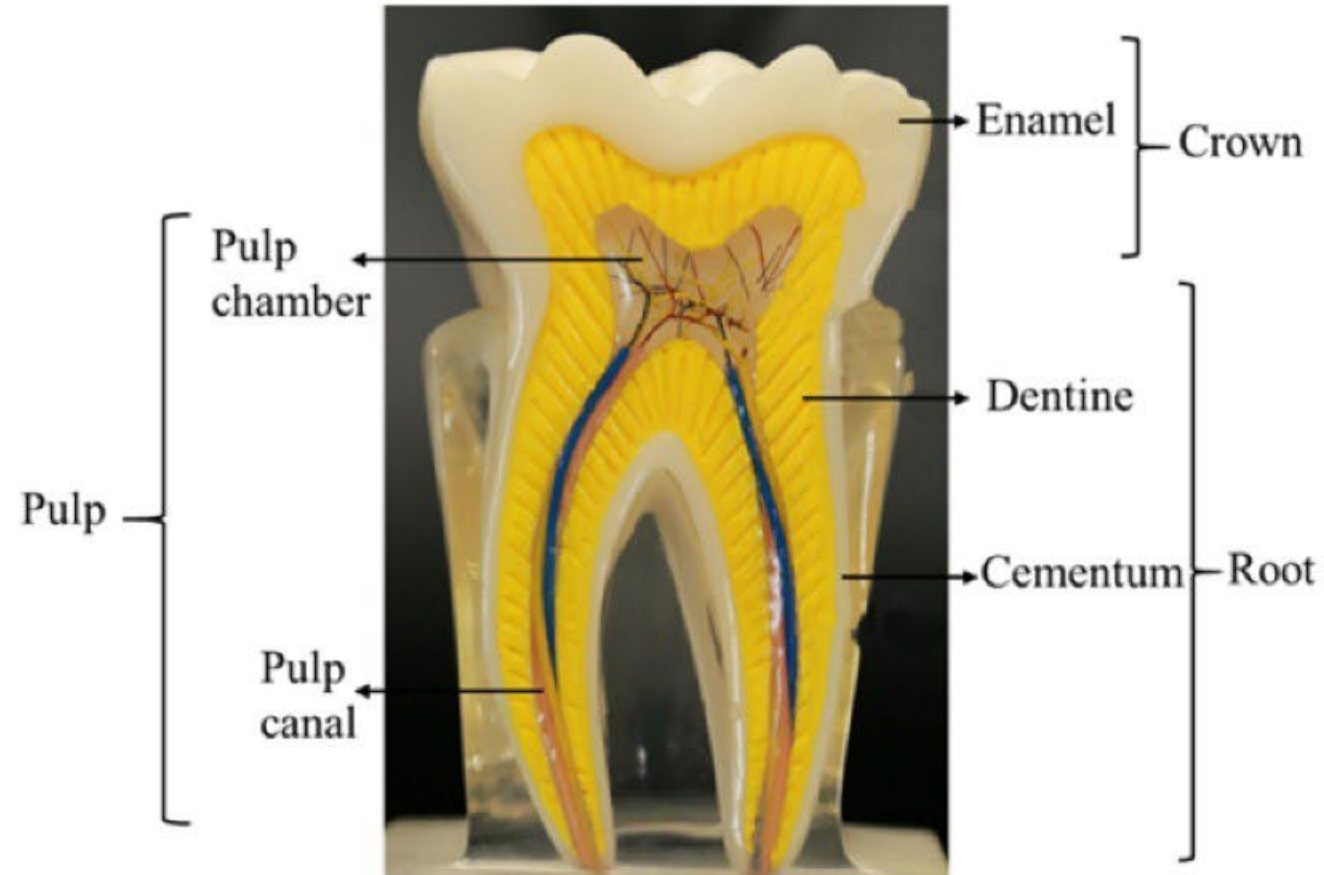


The Function of Teeth



Tooth Anatomy, Types, Surfaces, and Stage

Anatomy of a Tooth



Types of Teeth



Incisor



Canine

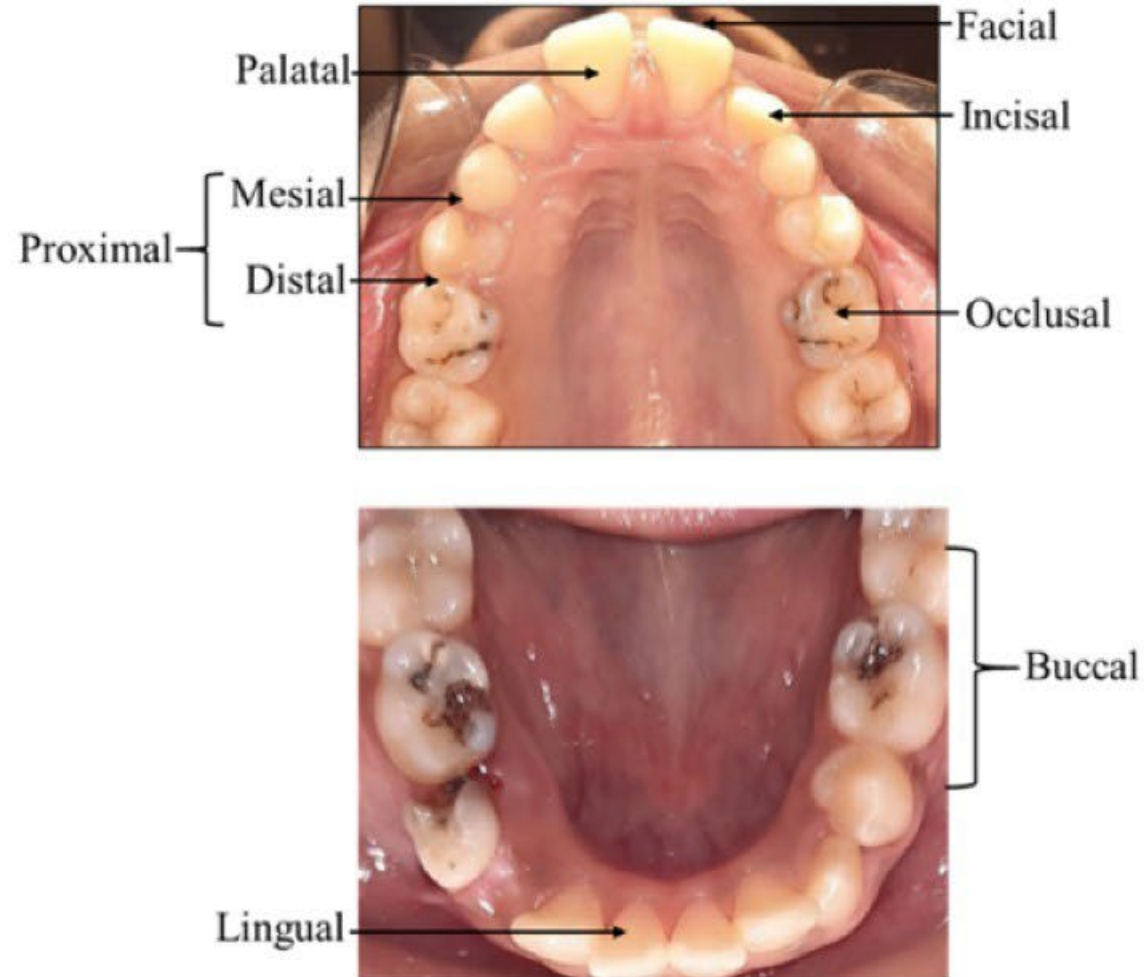


Premolar



Molar

Surfaces of Teeth



Primary Dentition



Mixed Dentition



Permanent Dentition



Common Oral Problems

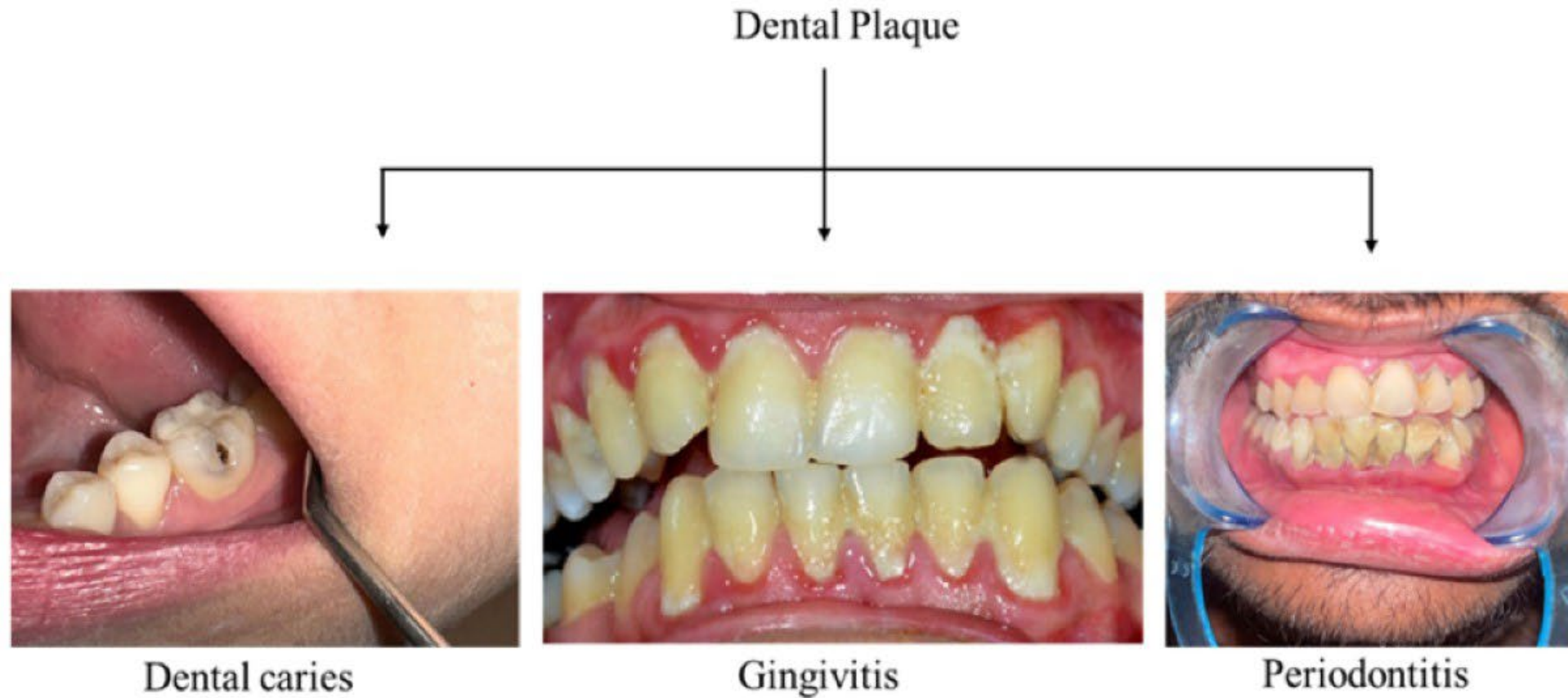
Dental Plaque



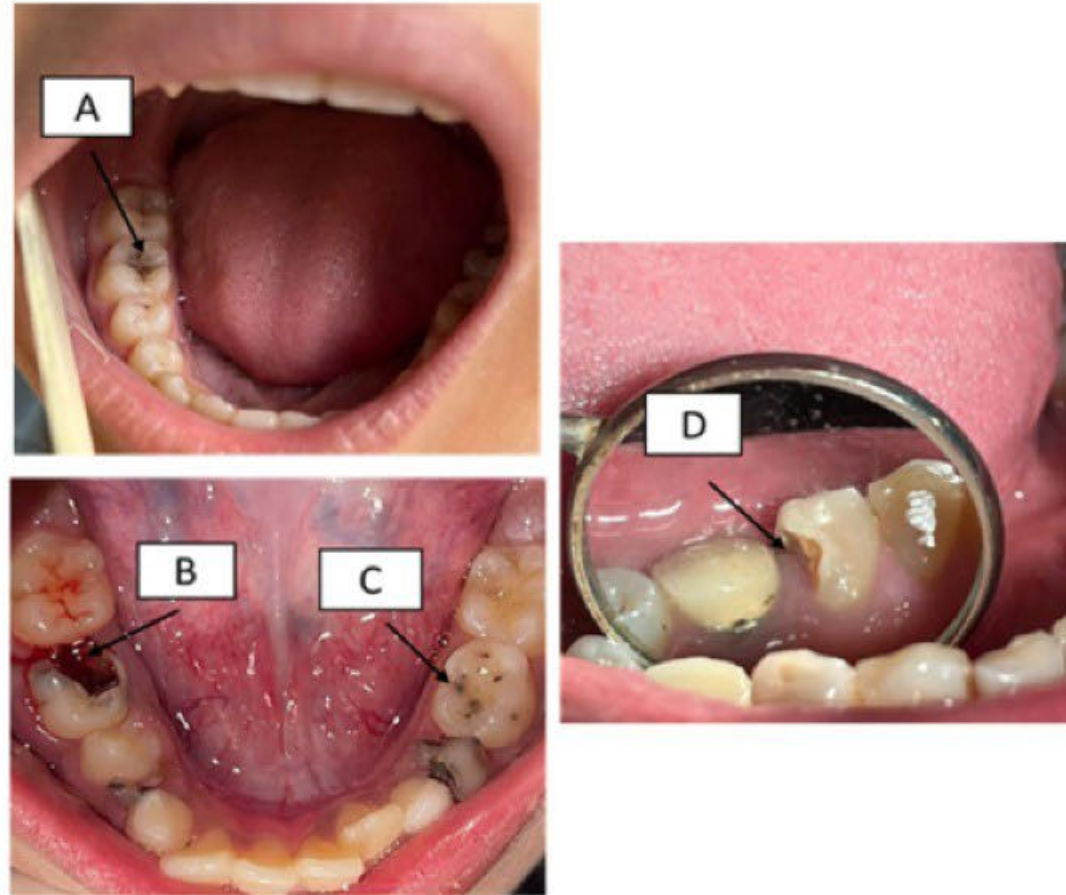
Tartar or Dental Calculus



Relationship of Dental Plaque with Common Oral Diseases



Dental Caries

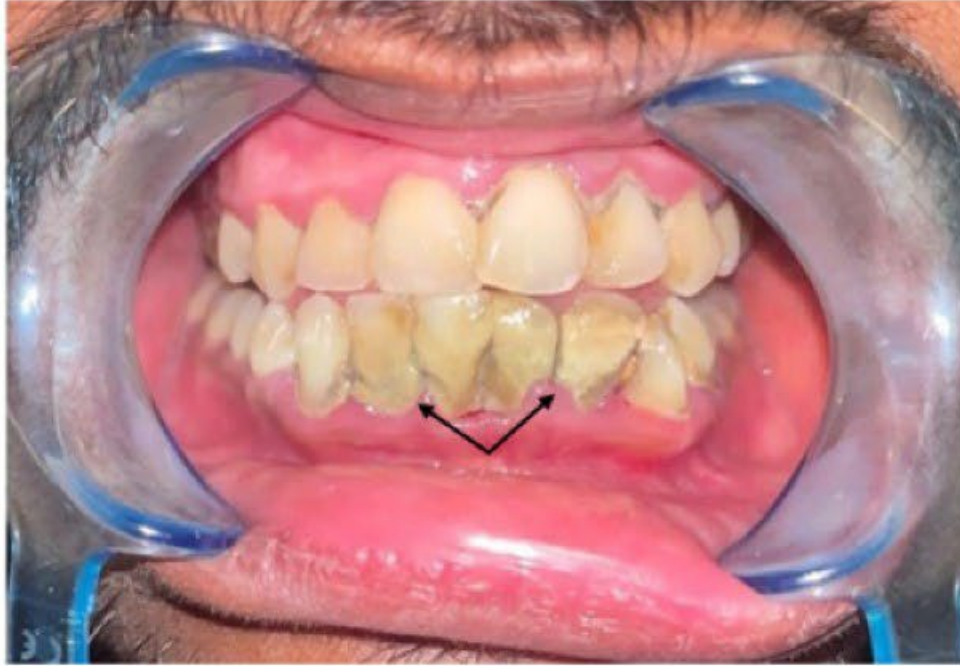


A & C: Early stage of caries on the occlusal surface of the first molar. B: If left untreated, the loss of dentine will cause the enamel to break, leaving a big cavity. D: Caries on the distal surface of the first premolar start at the contacts between two teeth.

Gingivitis



Periodontitis



Bad Breath

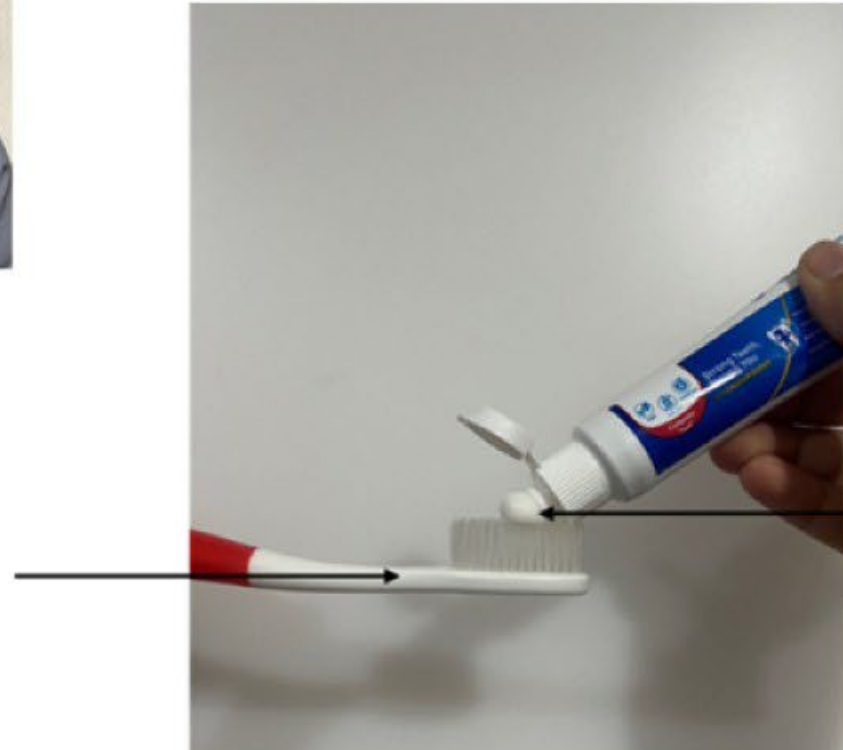


Oral Hygiene Care

Tooth Brushing



Toothbrush

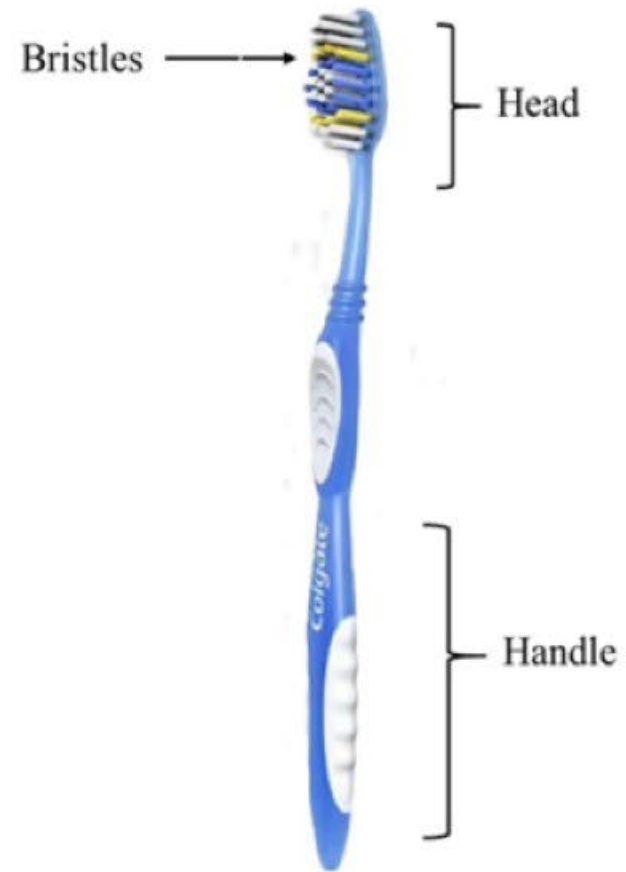


Toothpaste

Tooth Brushes



Parts of Tooth Brush



Types of Tooth Brushes



Soft



Medium



Hard

Tooth Paste



Sodium Mono-fluorophosphate



Modified Bass Technique

Tooth Brushing Method



1



2



3 & 4



5



6a



6a



6b



6b



6b

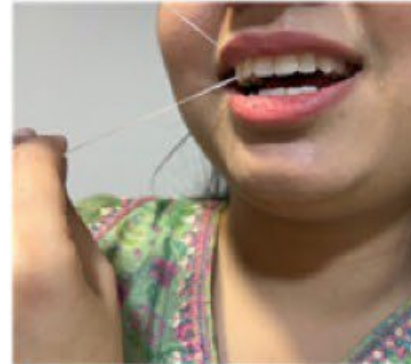


6b

Dental Floss



Steps of Dental Flossing



Mouthwash



Mouth rinsing or Mouth washing



Step 1



Step 2



Step 3



Step 4

Additional Oral Care



Miswak Stick



Toothpicks



Rubber Bristle Interdental
Aid



Tongue scraper



Dental floss picks



Teeth whitening paste and gel



Anti-inflammatory, anti-sensitivity, anti-septic, and herbal
toothpaste



Anti-inflammatory, anti-sensitivity, anti-septic mouthwashes

Thank you for listening