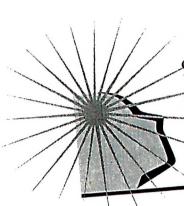
# 9<sup>TH</sup> ANNUAL MIDDLE EAST UPDATE IN OTORHINOLARYNGOLOGY CONFERENCE & EXHIBITION

### **DUBAI, AMIRIYAH ARAB BERSATU**

22-24 APRIL 2012

PROF. MADYA BAHARUDDIN ABDULLAH
PPSP



9th ANNUAL MIDDLE EAST UPDATE IN OTOLARYNGOLOGY CONFERENCE & EXHIBITION HEAD AND NECK SURGERY

Madinat Jumeirah, Dubai, UAE 22 - 24 April 2012

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# Speaker Conference Syllabus

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#### **International Speakers List**

**Astrid Wolf MD,** Department of Oto-Rhino-laryngology, Medical University Innsbruck, Innsbruck, Austria

Baharudin Abdullah, MD, Associate Professor, Department of Otolaryngology– Head & Neck Surgery, University Sains, Kubang Kerian, Kelantan, Malaysia

**Carlos M. Fernandis,** MD, MBChB FCS (SA) FACS, Chief and Associate Professor, Division of Otolaryngology, Department of Surgery, University of Florida and Shands Jacksonville, Florida, USA

C. Gaelyn Garrett, MD, Professor and Medical Director, Vanderbilt Voice Center, Department of Otolaryngology, Nashville, Tennessee, USA

**Frederic Venail** MD, PhD, Associate Professor, ENT department, University Hospital of Montpellier, Montpellier, France

**Georg Sprinzl,** MD, Deputy Director, Department of Oto-Rhino-laryngology, Medical University Innsbruck, Innsbruck, Austria

**Hassan Diab,** MD, ENT surgeon, Saint Petersburg Research Institute of Ear, Nose, Throat and Speech, Saint Petersburg, Russian Federation

Hassan H Ramadan MD, MSc, FACS, Professor & Vice Chair, Residency Program Director, Department of Otolaryngology, Head & Neck Surgery, West Virginia University, Morgantown, West Virginia, USA

Hisham Mehanna PhD, BMedSc (Hons), MBChB (Hons), FRCS, FRCS (ORL -HNS), Director, Institute of Head and Neck Studies and Education; Consultant Head-Neck and Thyroid Surgeon & Honorary Professor, University Hospitals Coventry

and Warwickshire, Heart of England NHS Foundation Trust, Warwick, UK

**Issac Issa Beegun**, MRCSm Speciality Registrar, Department of ENT Head & Neck Surgery, Ipswich General Hospital, Ipswich, UK

Jatin P Shah, MD, PhD, FACS, FRCS(Hon), FDSRCS(Hon), FRACS(Hon), Professor of Surgery, Elliot W Strong Chair in Head and Neck Oncology, Chief, Head and Neck Service, Memorial Sloan Kettering Cancer Center, New York, USA

John Niparko MD, George T. Nager Professor; Director, Division of Otology, Neurotology & Skull Base Surgery, Department of Otolaryngology-Head & Neck Surgery, The Johns Hopkins Hospital, Baltimore, USA

Karen MacIver-Lux, M.A., Aud(C), LSLS Cert. AVT, Director, MacIver-Lux Auditory Learning Services, Toronto, Canada

Kenny Chan MD, Chief, Division of Pediatric Otolaryngology, Children's Hospital of Colorado; Professor, Department of Otolaryngology, University of Colorado School of Medicine, Aurora, Colorado, USA

**Kerry Olsen** MD, Chair, Division of Otolaryngology Head and Neck Surgery, Mayo Clinic and Rochester Methodist Hospital, Rochester, Minnesota, USA

**Krishan Ramdoo,** MD, Core Surgical Trainee ENT NHS, Royal Berkshire Hospital, Reading, UK

**Miguel Angel Aranda de Toro**, MD PhD, International Training Audiologist, ReSound, Copenhagen, Denmark

Parul Goyal MD, Department of Otolaryngology, SUNY Upstate Medical University, New York, USA

•,	* • • •
8:00	Instructional Course 21D: Surgical Planning for Advanced Maxillary Tumour -  Baḥarudin Abdullah
9:00	Instructional Course 22D: Endoscopic Repair of CSF Rhinorrhea & Endoscopic Removal of Pituitary Tumours – Muhammad Umar Farooq
0:30	(Relevant to Audiologists & Speech Language Pathologists)  Listening and Spoken Language Intervention for Children with Auditory Neuropathy Spectrum Disorders – Karen MacIver-Lux
	Moderator: Ghada Ahmed Ajamieh
11:30	(Relevant to Audiologists & Speech Language Pathologists)
	Intraoperative Monitoring (Protocol for Facial Nerve + Trouble Shooting) – Todd Sauter Moderator: Rana Batterjee
2:30	Lunch
4:00	Instructional Course 23D: Management of Parotid Tumours – Mohammed Al Garni
5:00	Instructional Course 24D: Para pharyngeal Tumors and Surgery – Kerry Olsen
6:00	Abstract Presentations: Otology Moderator: Sami Ismail
8:00	Close

SURGICAL PLANNING FOR ADVANCED MAXILLARY TUMOR

Overview

In advanced maxillary tumor, usually there is a choice between treatment for cure and

palliation. In considering palliative treatment it is necessary to record the patient's symptoms

and appreciate how they impact on their life, the extent of their disease and whether distant

metastases are present. Some surgeons advocate local debulking of tumour with adjunctive

radiotherapy as palliative treatment. For those patients who are potentially curable, most

centres recommend a combination of radiotherapy and surgery. There is still dispute as to

whether the irradiation should be used before or after surgery. Preoperative radiotherapy has

traditionally been advocated and is more appropriate in radiobiological terms. Postoperative

radiotherapy may be more valuable in slow-growing tumours, such as adenoid cystic

carcinoma and chondrosarcoma. Surgical planning in advanced cases play a critical role in

ensuring a good outcome for the patients.

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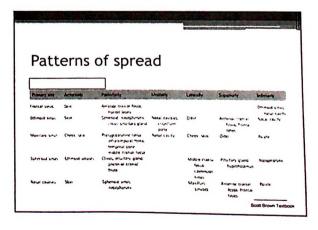
#### Introduction

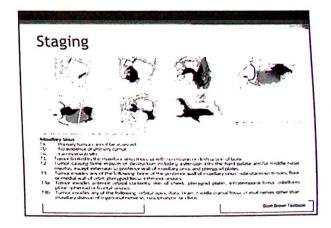
- Sino nasal malignancies are uncommon and account for less than 1 percent of all neoplasms.
- Relatively asymptomatic in the beginning and may mimic symptoms for rhinosinusitis.

# Symptoms of Nasal and Paranasal Sinus Tumors Early Late Nasal obstruction Epistaxis Rhinorrhea Cranial nerve dysfunction Proptosis Facial pain Facial swelling Trismus

#### Introduction

- Maxillary sinus tumours are the most common (55 percent) followed by the nasal cavity (35 percent), ethmoid sinuses (9 percent) and rarely frontal and sphenoid sinuses (1 percent).
- Surgery and chemoradiotherapy remain the mainstays of treatment.





#### PARTIAL MAXILLECTOMY

#### Partial removal of the upper jaw skeleton.

#### ----

 Medial maxillectomy involves the clearance of the lateral wall of the nose including the ethmoid sinuses.

#### Two variants are in common use.

Palatal resection along with the adjacent alveolus is used for tumours of the oral cavity that involve the hard palate.

Another term used is "fenestration".

#### TOTAL MAXILLECTOMY

- · Total removal of the upper jaw
- · Preferably as a bony box containing the tumour

#### EXTENDED MAXILLECTOMY

- An extended maxillectomy is required when the tumour extends beyond the maxilla.
- Commonly employed in advanced maxillary cancer.
- Involves resection of skin, adjacent structure and/or orbital exenteration.
- When the skull base is involved, the term craniofacial resection is used.

#### Management Planning

- Most patients have very advanced disease at the time of presentation
- There will be some who are incurable from the outset.
- Surgery for these patients runs the risk of raising hopes unrealistically and of increasing morbidity.

#### Management Planning

- Most important, the surgeon must obtain fully informed consent from the patient and the relatives.
- Some surgeons advocate local debulking of tumour with adjunctive radiotherapy as palliative treatment.

#### Criteria for unresectable lesions

- (1)transdural extension
- (2) invasion of the prevertebral fascia
- (3) bilateral optic nerve involvement
- (4) gross cavernous sinus invasion

#### Surgical approaches

- To facilitate the various bone resections it is necessary to use an appropriate soft tissue approach.
- · Three different soft tissue approaches are used.
- Lateral rhinotomy. This approach gives excellent exposure of both the nasal cavities and medial maxilla with a cosmetically acceptable incision in the lateral nasal crease.
- Weber-Fergusson. Used when there is need for an orbital exenteration.
- Midfacial degloving. A more cosmetic alternative to both the Moure's lateral rhinotomy and Weber-Fergusson approaches.

#### Orbital exenteration

- Attempts to preserve the orbital contents and reduce mutilation may result in orbital recurrence.
- The orbital periosteum may be involved with tumour while the underlying fat and orbit are not.
- Peroperative frozen section may determine whether the eyes can be retained and avoid an exenteration.

#### Orbital exenteration

- The function of the eye must be considered when making the decision to pursue preservation.
- The morbidity of radiation therapy should also be considered.
- Postradiation complications involving the orbit include keratitis, cataracts, retinopathy, glaucoma and chronic pain.

#### Anterior craniofacial resections

- Type I: Craniofacial (transorbital) resection.
- Type 2: Craniofacial (window craniotomy)resection.
- Type 3: Craniofacial resection.

## Type l:craniofacial (transorbital) resection

- This procedure is essentially an extended medial maxillectomy using a lateral rhinotomy incision.
- A careful exploration of the anterior nasal cavities using the operating microscope and frozen section histological control.
- The wide exposure allows resection and repair of both the ethmoid roof and orbital periosteum if indicated.

# Type 2 :craniofacial (window craniotomy)resection

- In this procedure a lateral rhinotomy approach is used for anterior access and extended superiorly in a frown line to expose the frontal bone.
- A small midline 'window' craniotomy is made giving access to the floor of the anterior cranial fossa.
- The dura is elevated from the roof of the ethmoids and cribriform plate and the area is encompassed with a cranial osteotomy.

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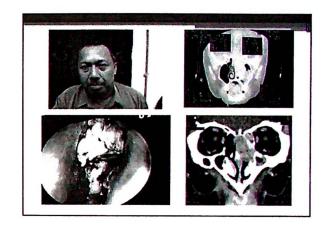
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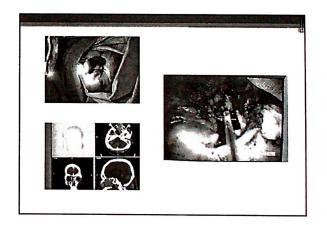
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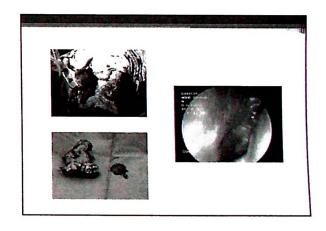
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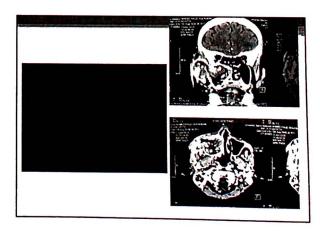
#### Type 3: craniofacial resection

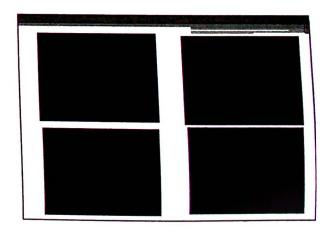
- This operation combines a transfacial approach with a neurosurgical approach, such as a frontolateral craniotomy, to allow the resection of extensive tumours.
- Skull base surgery demands an interdisciplinary approach working in teams.

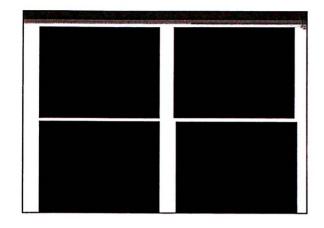


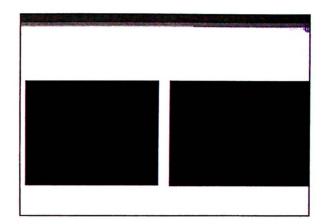


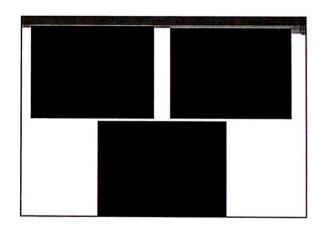


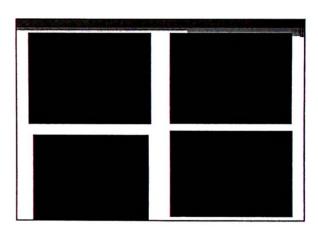


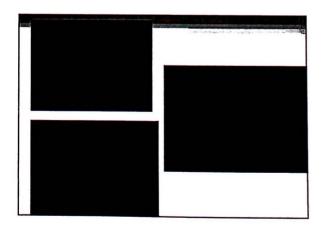












#### **PROGNOSIS**

- The overall prognosis of sinonasal malignancy is directly related to the degree of local control.
- Absolute local control rates for all malignancies are 50 percent at five years, 31 percent at ten years and 21 percent at 15 years.



D 2	D 4
	Room 4
08:00	Instructional Course 31B: Management of Neck – Jatin Shah
09:00	Instructional Course 32B: Techniques of Stapedotomy – John Niparko
10:00	Instructional Course 33B: Neck Dissection in Differentiated Thyroid Cancer: Indications & Techniques - Baharudin Abdullah
11:00	Instructional Course 34B: Neck Dissection - Salma Mohammed Al Shibani
12:00	Instructional Course 35B: Management of Inverted Papilloma – Roy R. Casiano
13:00	Lunch
	Young Otolaryngologist Day
14:00	<ul> <li>Session IV: Otology         Moderator: Sertac Yetiser         <ul> <li>Inner Ear Deformities in Cochlear Implant Patients at Damascus</li></ul></li></ul>
15:30 16:00	Coffee  Session V: Otology Moderator: Sertac Yetiser  Minimally Invasive Cochlear Implant (CI) Surgery-Experience in 100 Patients at 1Year Post-Operatively - Mohamed Alshehabi  Comparing the Hearing Outcomes between Teflon and Stainless Steel in Patients Undergoing Stapes Surgery - Mohammad Suliman Halawani  Comparative Study of Management of Otitis Media with Effusion by Adenoidectomy and Myringotomy With & Without Tympanostomy tube Insertion - Wasam Abbas Abdalhsen Albu-salih  Factors Affecting Auditory Nerve Response in Cochlear Implant Users Article Type: Research Article - Hassan Haidar Ahmad  Generation of Inner Ear Cell types from Human Foetal Inner Ear Stem cells - Amir Gorguy Attalla Mina  Candidacy of cochlear implantation for Pediatric Prelingual Patient - Ahmed Abbas Taher Shlaka  Sensorineural Hearing Loss in Sickle Cell Disease (SCD) Prospective Study from Oman - Ahmed Khalfan Salim Al Abri
17:30	Close
17.55	1000

# NECK DISSECTION IN DIFFERENTIATED THYROID CANCER: INDICATIONS AND TECHNIQUES

Recurrence of regional cervical lymph nodes in patients with differentiated thyroid carcinoma is not uncommon, and is an important factor affecting the quality of life. If pathologic nodes are identified in either the central or lateral neck they should be removed at the initial operation. Eliminating all disease remains elusive and the prognostic significance of cervical disease persistence and recurrence is still unknown. Patients with cervical metastasis are at substantial risk of regional recurrence, necessitating repeat surgery. The role of prophylactic central neck dissection remains controversial, and the risks of this procedure may outweigh the benefits. However, certain high-risk patients may benefit from a prophylactic central neck dissectionThe risk factors for regional recurrence, including large tumor size, presence of extrathyroid spread and high T stage may determine the selection of neck dissection. The controvesies regarding the type of neck dissection in managing thryoid cancer is discussed and new classification of neck dissection is highlighted. Discussion will be based on interesting thyroid cancer patients that we have managed in our head and neck setting of Universiti Sains Malaysia hospital.

#### Author's contact:

#### Assoc Prof Dr Baharudin Abdullah

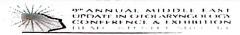
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#### Neck Dissection in Differentiated Thyroid Cancer: Indications & Techniques

ASSOCIATE PROFESSOR DR BAHARUDIN ABDULLAH Consultant ORL-Head and Neck Surgeon

Malaysia



#### **Indications for Neck Dissection**

- Evidence of lateral cervical node metastases
- Significant positive nodes during central neck dissection (frozen section)
- Evidence of tumour invading adjacent muscles

#### Why neck dissection?

- Multiple level metastases
- Skip metastases
- Extracapsular spread
- □ Limit use of radioiodine ablation dose
- Reduces incidence of loco-regional spread

#### Why neck dissection?

- Thyroid carcinoma metastasizes in central (pre- and paratracheal) and lateral (jugulo-carotid, supraclavicular) neck lymph nodes.
- □ Lymph node metastases:
- I)PTC 30% 80%, up to 95% in children.
- 2)FTC 20%.
- Medullary thyroid carcinoma (MTC) 70% -100%.

Grebe SKG et al. Surg Oncol Clin North Am 1996;5:43-63.

#### Why neck dissection?

- Lymph node metastases are associated with high risk of loco-regional recurrence and distant metastases.
- Gross lymph node metastases in the neck, as well as bilateral and mediastinal metastases significantly decrease survival rate in patients with DTC.

#### Literature Review

- $\ensuremath{\mathbf{n}}$  An extensive body of literature showed improved outcome with neck dissection
- Attie IN (1988), in a series of 313 neck dissections for thyroid carcinoma, only three patients with papillary or follicular carcinoma, which was resectable, treated by thyroidectomy and modified neck dissection died of disease deployments.
- Noguchi S et al (1998) noted modified radical neck dissection improves prognosis in a retrospective cohort study of 2966 patient curatively treated for papillary thyroid carcinoma

#### Literature Review

- Limited neck dissection and disease burden are associated with the highest rates of cervical recurrence in regional metastatic PTC.
- □ Comprehensive functional neck dissection would seem to offer the patient the best opportunity for control of cervical metastasis.
- Neck dissection of the compartments in which pathologic nodes were detected (central, lateral, or both) should then be undertaken at the time of initial thyroidectomy.
- Patients with cervical metastasis are at substantial risk of regional recurrence, necessitating repeat surgery.

Laryngoscope, 2008 Dec;118(12):2161-5.

Papillary thyroid cancer: CONTroversies in the management of neck metastasis. Davidson HC, Park BJ, Johnson JT.

#### Cervical nodes group



- Region VI:
  - Anterior compartment, lymph nodes surrounding the midline visceral structures that extend from the hyoid bone superiorly to the suprasternal notch inferiorly
  - The lateral boundary is the medial border of the carotid sheath
  - Perithyroid, paratracheal, and lymph nodes around the recurrent laryngeal nerve

#### TNM Staging

T4a:tumor of any size, beyond capsule: larynx, trachea, esophagus, recurrent

Haryngeal nerve
T4b: prevertebral fascia or encases carotid artery or mediastinal vessels

NO: No regional lymph node

NU: No regional ymph node (central compartment, lateral cervical, and upper mediastinal lymph nodes) NI at to level VI (pretracheal, paratracheal, and prelaryngeal/ Delphian lymph nodes) NI at to unilateral or bilateral or contralateral cervical or superior mediastinal lymph nodes

M0: No distant metastasis

MI: Distant metastasis

#### **Neck dissection**

- Selective
- Modified Radical
- Radical
- **■** Extended radical

Selective Neck

Ext SOH Lateral Posterolat Anterior/central Superior mediastinum

Academy's Committee for Head & Neck Surgery & Oncology

#### Neck dissection

PROPOSAL FOR A RATIONAL CLASSIFICATION OF NECK DISSECTIONS

OF NECK DISSECTIONS

ARIS PIETRIS, MD, DLD, DPAIR, PRESED and Annahym, FRC'S (E.P.), Glass, Y) as eundern, FDSRC'S and annahem, FDMIR, FRC'S, T. THOMAS ROBBINS, MD, FRC'SC, T. AND ANNAH ANNAH AND ANNAH ANNA

Assembly in Patronal Complication of New Discourses

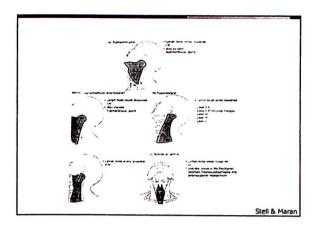
#### Neck dissection

Section 1. Section 1.

Selective Neck Dissection

SOH Ext SOH Lateral Posterolat Anterior/central Superior mediastinum

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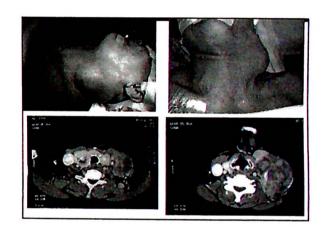


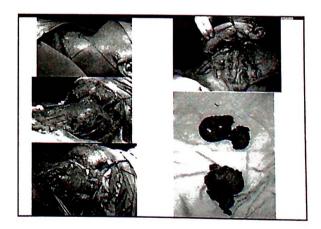
#### **Modified Radical Neck Dissection**

- Type I:removal of LN level I-V and preserve spinal accesory nerve
- Type 2 :removal of LN level I-V ,preserve spinal accesory nerve and int jugular vein
- Type 3: removal of LN level I-V ,preserve spinal accesory nerve ,int jugular vein and SCM muscle

#### Modified Radical / Radical Neck Dissection

Treatment of differentiated thyroid cancer with palpable neck disease RND- indicated for significant palpable neck disease



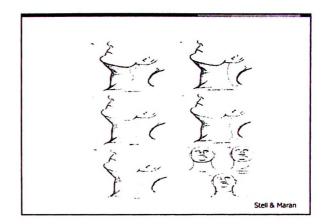


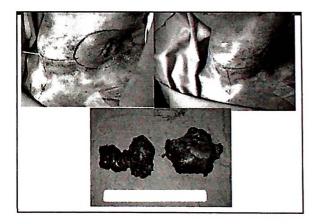
#### Steps

- Skin incision
- Raising flap
- □ Landmarks

#### Skin incision

- A skin incision is made that optimizes exposure of the neck.
- Incisions that result in a trifurcation are less desirable because of the potential for distal flap necrosis and carotid artery exposure.





#### Landmarks

- 4 corners of consternation:
- I)lower end of IJV
- 2)junction of lateral border of clavicle with lower edge of trapezius
- a 3)upper end of IJV
- 4)submandibular triangle

#### Lower neck

#### Techniques

- Divide the lower end of SCM in corner I
- Isolate and ligate the IJV
- Divide and retract the
- omohyoid muscle upwards

  Mobilize the fat pad
  overlying the prevertebral
  fascia
- Identify and preserve the brachial plexus and phrenic

#### **Procedures**

- □ Skin Marking
- Skin Flap
- □ Cutting SCM
- Lower end of IJV ligation
- Spinal Accesory Nerve Identification

#### Upper neck

#### Techniques

- Divide the upper end of SCM in corner 3
- Retract the posterior belly of digastric upwards
- □ Identify and ligate the IJV
- Removal of submandibular gland and contents may not be necessary

#### Procedures

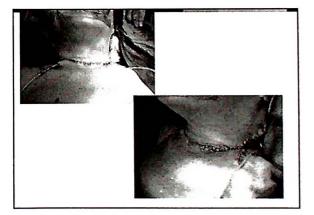
- Upper IIV ligation
- Post neck dissection
- Specimen

#### Thyroldectomy

- Lateral Thyroid Dissection
- Upper part of Thyroid Dissection
- □ Identification of RLN
- Post TT and RND
- **■** Thyroid Specimen

#### Closure

- Two large drains placed posteriorly
- One drain on the opposite site for thyroid bed
- □ Should not cross the carotid sheath
- □ Check for bleeding or chylous leak
- Wound closed in two layers



#### Postop care

- Bleeding/Hematoma
- Excessive drainage-chylous leak
- Pneumothorax
- Wound Infection and breakdown

#### Summary

- Selective neck dissection for minimal neck disease
- Modified radical neck dissection for more advanced neck disease
- □ Submandibular gland/contents may be spared
- Use of frozen section is helpful
- Appropriate approach and type of surgery improves prognosis and avoid morbidity
- Dissection of central and lower third of jugular chain of neck lymph nodes is the integral part of thyroid cancer surgery together with thyroidectomy

#### Thank You!



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