

**EFFECTS OF A LACTOBACILLI PROBIOTIC
ON SURVIVAL AND MOBILITY OF
FEMALE *DROSOPHILA MELANOGASTER*
WITH ALZHEIMER'S DISEASE**

LIM HUI TING

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**PUSAT PENGAJIAN TEKNOLOGI INDUSTRI
UNIVERSITI SAINS MALAYSIA**

**BORANG PENYERAHAN DISERTAI MUTAKHIR
SATU (1) NASKAH**

Nama Penyelia: PROF. DR. LIONG MIN-TZE

Bahagian: TEKNOLOGI BIOPROSES

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PROF. DR. LIONG MIN TZE
Ph.D. (Melb) Australia
School of Industrial Technology
Universiti Sains Malaysia. (USM)
11800 Penang, Malaysia

Tandatangan dan cop

17 JULAI 2020

Tarikh



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WITH ALZHEIMER'S DISEASE**

by

LIM HUI TING

A dissertation submitted in the partial fulfillment of the requirements for the degree of
Bachelor of Technology (B.Tech) in the field of Bioprocess Technology
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DECLARATION BY AUTHOR

This dissertation is composed of my original work, and contains no material previously published or written by another person except where due reference has been made in the text. The content of my dissertation is the result of work I have carried out since the commencement of my research project and does not include a substantial part of work that has been submitted to qualify for the award of any other degree or diploma in any university or other tertiary institutions.

A handwritten signature in cursive script that reads "Athena".

LIM HUI TING

JUNE 2020

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LIST OF SYMBOLS AND ABBREVIATIONS

Symbol	Caption
α	Alpha
β	Beta
$^{\circ}\text{C}$	Degree Celcius
γ	Gamma
$<$	Less than
$>$	More than
$\%$	Percent
\pm	Plus-minus
n	Sample size for each group
$*$	Statistical significance
N	Total sample size

Abbreviation	Caption
Act5C	Actin 5C
A β	Amyloid beta
AD	Alzheimer's disease
AMPK	Adenosine monophosphate-activated kinase
ANOVA	Analysis of variance
APP	Amyloid precursor protein
CFU	Colony-forming unit
dAPPI	APP ortholog of <i>Drosophila</i>
<i>df</i>	Degree of freedom

DR9	<i>Lactobacillus fermentum</i> DR9
elav	Embryonic lethal abnormal vision
Eq.	Equation
FAO	Food and Agriculture Organization
Fig	Figure
<i>g</i>	Gravity
GAL4	Yeast transcription factor for galactose metabolism
GMR	Glass multiple reporter
HSD	Honest Significant Difference
IHGSC	International Human Genome Sequencing Consortium
LAB	Lactic acid bacteria
ml	Millilitre
mm	Millimetre
N/A	Not applicable
<i>p</i>	Probability
pH	Power of hydrogen
ROS	Reactive oxygen species
rRNA	Ribosomal ribonucleic acid
s	Second
SD	Standard deviation
UAS	Upstream activation sequence
v/v	Volume per volume
w/v	Weight per volume
WHO	World Health Organization

KESAN PROBIOTIK LACTOBACILLI PADA KETAHANAN HIDUP DAN MOBILITI *DROSOPHILA MELANOGASTER* BETINA DENGAN PENYAKIT ALZHEIMER

ABSTRAK

Penyakit Alzheimer (AD), jenis penyakit neurodegeneratif berkaitan penuaan yang paling umum, berkembang dalam bentuk yang tidak berbalik sambil menghampiri perkadaran epidemik tanpa mempunyai ubat atau rawatan pencegahan yang tersedia. Strain probiotik *Lactobacillus fermentum* DR9 dilaporkan menunjukkan kesan antipenuaan pada jangka hayat dan otot pada tikus dengan penuaan teraruh, serta potensi pembalikan AD dengan meringankan neurodegenerasi dalam mata *Drosophila* dengan AD teraruh. Dengan menggunakan model *Drosophila* AD teraruh dengan ekspresi A β 42 manusia melalui sistem UAS/GAL4, kajian ini dijalankan untuk menilai kesan pemberian probiotik pada ketahanan hidup dan mobiliti *Drosophila melanogaster* betina dengan AD. Penilaian dari segi asai ketahanan hidup menunjukkan bahawa, pemberian *L. fermentum* DR9 selama 24 hari telah menambah baik ketahanan hidup dengan meningkatkan peratusan kemandirian model *D. melanogaster* betina AD, berbanding dengan kawalan yang tidak dirawat. Penilaian asai pemanjatan geotaksis negatif menunjukkan bahawa, pemberian *L. fermentum* DR9 selama 20 hari telah menambah baik mobiliti model *D. melanogaster* betina AD dari segi kebolehan memanjat dan kelajuan memanjat, iaitu mobilitinya menurun pada kadar yang lebih perlahan dan tetap berbanding dengan kawalan yang tidak dirawat. Tambahan pula, kekerapan kejatuhan lalat seperti yang ditunjukkan pada model *D. melanogaster* betina AD telah dikurangkan hingga separuh, dengan peningkatan yang ketara dalam jumlah jarak pergerakan ke atas, sementara mengekalkan indeks geotaktik negatif tinggi yang malar dengan rawatan probiotik. Kajian ini membekalkan

pencelikan kepada potensi *L. fermentum* DR9 dalam mengerjakan kesan antipenuaan untuk meringankan simptom AD berkaitan penuaan dari aspek ketahanan hidup dan mobiliti.

EFFECTS OF A LACTOBACILLI PROBIOTIC ON SURVIVAL AND MOBILITY OF FEMALE *DROSOPHILA MELANOGASTER* WITH ALZHEIMER'S DISEASE

ABSTRACT

Alzheimer's disease (AD), as the most prevalent form of aging-associated neurodegenerative disease, progressed in an irreversible manner while approaching epidemic proportions with no cure or preventative therapy yet available. The probiotic strain *Lactobacillus fermentum* DR9 has been reported for exhibiting anti-aging effects on lifespan and muscle in senescence-induced rats, with AD-reversal potential by alleviating neurodegeneration in the eye of AD-induced *Drosophila*. Using an inducible *Drosophila* AD model by human A β 42 expression with UAS/GAL4 system, the study was carried out to evaluate the effects of probiotic administration on the survival and mobility of female *Drosophila melanogaster* with AD. Evaluated by survival assay, the administration of *L. fermentum* DR9 for 24 days improved survival by increasing the survival percentage of female *D. melanogaster* AD model, as compared to the untreated control. Evaluated by the negative-geotaxis climbing assay, the administration of *L. fermentum* DR9 for 20 days improved the mobility of female *D. melanogaster* AD model in terms of climbing ability and climbing speed, by declining at a slower and more constant rate as compared to the untreated control. Additionally, the frequency of flies falling as shown in female *D. melanogaster* AD model has decreased to a half, with significant increase in the total distance travelled to the top, while retained a constant high negative geotactic index with probiotic treatment. This study provided an insight into the potential of *L. fermentum* DR9 in exerting anti-aging effects to alleviate the aging-associated AD symptoms from the aspect of survival and mobility.