

THE EFFECT OF ARTEMISININ ON THE pH OF

***Plasmodium falciparum* DIGESTIVE VACUOLE**

NADIAH BINTI IBRAHIM

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THE EFFECT OF ARTEMISININ ON THE pH OF

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by

NADIAH BINTI IBRAHIM

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LIST OF SYMBOLS, ABBREVIATIONS AND ACRONYMS

~	approximately
%	percent
°C	degree Celsius
ϵ	molar absorptivity
\pm	plus minus
<	less than
\leq	less than or equal to
>	more than
\geq	more than or equal to
μM	micromolar
nM	nanomolar
mM	millimolar
μl	microliter
mL	mililiter
mg	milligram
g	gram
cm	centimetre
nm	nanometre
$\times g$	gravitational force
ACTs	artemisinin-based combination therapies
ADP	adenosine diphosphate
AMDP	aminomethylenediphosphonate
ANOVA	analysis of variance

ATP	adenosine triphosphate
BFMP	blood film for malaria parasite
BCECF	5'(and 6')-carboxy-10- dimethylamino-3-hydroxy- spiro[7H-benzo[c] xanthene-7,1'(3H)- isobenzofuran]-3'-one
CCM	complete culture medium
CCCP	carbonyl cyanide m-chlorophenylhydrazone
df	dilution factor
DNA	deoxyribonucleic acid
DMSO	dimethyl sulfoxide
DV	digestive vacuole
ECM	endocytosis medium
e.g.	for example
E-64	a specific inhibitor of cysteine protease
EPM	erythrocyte plasma membrane
ES	extracellular saline
ETC	electron transport chain
FACS	fluorescence-activated cell sorting
FCS	Flow Cytometry Standard
Fe	iron
Fe(II)	ferrous iron
Fe(III)	ferric iron
FpFe(II)	ferroprotoporphyrin IX
FpFe(III)	ferriprotoporphyrin IX
FITC	fluorescein isothiocyanate

FSC	forward scatter
GSH	(2 <i>S</i>)-2-Amino-4-[[<i>(1R)</i> -1-[(carboxymethyl)carbamoyl]-2-sulfanylethyl]carbamoyl]butanoic acid
Hb	haemoglobin
HEPES	hydroxyethyl piperazineethanesulfonic acid
HRPII	histidine-rich protein II
H ₂ O ₂	hydrogen peroxide
H ⁺	hydrogen ion
IC _{50-4 hours}	4-hour pulse inhibitory concentration 50%
ICCM	incomplete culture medium
i.e.	that is
I _g	fluorescence intensity collected at green channel
I _y	fluorescence intensity collected at yellow channel
IDP	imidodiphosphate
IL-1β	interleukin-1β
K ⁺	potassium ion
KCl	potassium chloride
L	lethal concentration
MACS	magnetic-activated cell sorting
MES	2-[<i>N</i> -morpholino] ethane sulfonic acid
MSF	malaria SYBR Green I-based fluorescence
Mg ²⁺	magnesium ion
MgCl	magnesium chloride
NaCl	sodium chloride

NaF	sodium fluoride
NaH ₂ PO ₄	sodium phosphate
NLRP3	NOD-like receptor containing pyrin domain 3
n.d	no drug
PCR	polymerase chain reaction
PE	phycoerythrin
<i>Pf</i> ATP6	<i>Plasmodium falciparum</i> sarco/endoplasmic reticulum Ca ²⁺ -ATPase
<i>Pf</i> PM4	<i>P. falciparum</i> digestive vacuole's aspartic protease, plasmepsin IV
pLDH	<i>Plasmodium</i> lactate dehydrogenase
pK _a	acid dissociation constant
PP _i	pyrophosphate
PPM	parasite plasma membrane
PV	parasitophorous vacuole
PVM	parasitophorous vacuolar membrane
RDT	rapid diagnostic test
RNA	ribonucleic acid
RPMI	Rosewell Park Memorial Institute
R _{gy}	fluorescence ratio
SNARF	5'(and 6')-carboxy-10- dimethylamino-3-hydroxy- spiro[7 <i>H</i> -benzo[<i>c</i>] xanthene-7,1'(3 <i>H</i>)- isobenzofuran]-3'-one
SSC	side scatter
SERCA	sarco/endoplasmic reticulum Ca ²⁺ -ATPase

SEM	standard error of mean
SL	sub-lethal concentration
TCTP	translationally controlled tumor protein
TMR-dextran	tetramethylrhodamine-dextran
TLR9	Toll-like receptor 9
TRIS	tris (hydroxymethyl) aminomethane
V-type H ⁺ -ATPase	vacuolar-type proton-pumping ATPase
V-type H ⁺ -pyrophosphate	vacuolar-type proton-pumping pyrophosphatase
WHO	World Health Organization
w/v	weight per volume
-ve	negative control

KESAN ARTEMISININ KE ATAS pH VAKUOL PENCERNAAN *Plasmodium falciparum*

ABSTRAK

Artemisinin merupakan ubat antimalaria yang sangat berkesan dan digunakan secara meluas kerana keupayaannya dalam membunuh parasit *Plasmodium* dengan pantas. Namun, artemisinin telah dilaporkan mempunyai kurang kerentanan terhadap *P. falciparum* di Asia Tenggara menyebabkan permintaan kepada ubat antimalaria baru yang mempunyai cara tindakan serupa dengan artemisinin. Sehingga kini, mekanisme tindakan artemisinin yang tepat masih dipertikaikan walaupun penyelidikan telah dijalankan berdekad lamanya. Bukti terbaru menunjukkan artemisinin mempunyai perencatan terus terhadap pam proton, ATPase-H⁺ Jenis-V yang terletak pada membran vakuol pencernaan parasit, di mana perencatan tersebut menyebabkan perubahan pH dalam organel berasid itu. Oleh itu, pH vakuol pencernaan parasit yang dirawat dengan artemisinin diukur dalam kajian ini menggunakan sitometri aliran. Asai berasaskan sitometri aliran telah dioptimumkan untuk mengukur pH vakuol pencernaan menggunakan penunjuk pH bersifat ratiometrik iaitu, fluorescein isothiocyanate-dextran (FITC-dextran) dimuatkan ke dalam vakuol pencernaan parasit. Satu lengkung penentukuran pH dijana dengan menggunakan parasit pada peringkat trofozoit yang dipencilkan dan diampai dalam larutan penimbal yang berbeza pH dengan kehadiran ionofor, carbonyl cyanide m-chlorophenylhydrazone (CCCP). Tanpa CCCP, keadaan stabil pH vakuol pencernaan berada pada nilai 5.42 ± 0.11 . Seterusnya, aktiviti antimalaria artemisinin dinilai menggunakan asai rawatan selama 4 jam (memimikkan

pendedahan *in vivo*) bagi menentukan kepekatan perencatan sebanyak 50% (IC_{50-4} jam) dan kepekatan sub-maut (menyebabkan kematian parasit kurang dari 25%). Parasit pada peringkat cincin pertengahan dirawat menggunakan kepekatan artemisinin yang berbeza (0-10000 nM) selama 4 jam dan dilarutkan dengan media bagi menyingkirkan artemisinin. Kultur parasit terus dikulturkan selama 24 jam untuk pemerhatian terhadap pertumbuhan parasit dan 48 jam untuk memeriksa kebolehhidupan parasit. Kepekatan sub-maut (15 dan 30 nM) dipilih daripada kajian ini untuk memastikan perubahan pH vakuol pencernaan yang dilihat dalam eksperimen seterusnya bukan disebabkan kematian parasit. Dengan menggunakan asai rawatan 4-jam keatas parasit pada peringkat cincin pertengahan, kepekatan sub-maut meningkatkan pH vakuol pencernaan sebanyak 0.49 (15 nM, $pH = 5.7 \pm 0.1$) dan 1.56 unit pH (30 nM, $pH = 6.77 \pm 0.48$), apabila dibandingkan dengan parasit yang tidak dirawat ($pH = 5.21 \pm 0.04$). Asai yang sama juga dilakukan keatas parasit pada peringkat trofozoit pertengahan untuk membolehkan pengukuran terus pH vakuol pencernaan. pH vakuol pencernaan telah meningkat sebanyak 1 (15 nM, $pH = 6.6 \pm 0.1$) dan 1.48 unit pH (30 nM, $pH = 7.1 \pm 0.08$), apabila dibandingkan dengan parasit yang tidak dirawat ($pH = 5.6 \pm 0.1$). Keputusan perubahan pH vakuol pencernaan yang sama disebabkan oleh perencat $ATPase-H^+$ Jenis-V, concanamycin juga dapat dilihat ($pH = 7.4 \pm 0.1$). Kesimpulannya, keputusan tersebut menunjukkan artemisinin seperti concanamycin A berupaya merencat $ATPase-H^+$ Jenis-V yang menyebabkan perubahan pH di dalam vakuol pencernaan. Asai berasaskan sitometri aliran dalam kajian ini menyediakan model yang mudah dan tepat untuk pengukuran pH vakuol pencernaan serentak dengan penilaian pertumbuhan parasit dan kebolehhidupan selepas rawatan dengan menggunakan ubat antimalaria yang lain.

**THE EFFECT OF ARTEMISININ ON THE pH OF *Plasmodium falciparum*
DIGESTIVE VACUOLE**

ABSTRACT

Artemisinin, a highly potent antimalarial drug is widely used due to the rapid killing of *Plasmodium* parasites. However, artemisinin has been reported to have reduced susceptibility against *P. falciparum* in Southeast Asia demanding for new antimalarial drugs that have a similar mode of action with artemisinin. To date, the precise mechanism of action of artemisinin remains disputable despite decades of research. Recent evidence showed that artemisinin might have a direct inhibition of proton pump, V-type H⁺-ATPase located on the membrane of parasite's digestive vacuole, in which the inhibition causes pH alteration in the acidic organelle. Hence, the pH of the digestive vacuole of parasites treated with artemisinin was measured in this study by using flow cytometry. The flow cytometry-based assay was optimised to measure the digestive vacuole pH using a ratiometric pH indicator, fluorescein isothiocyanate (FITC)-dextran loaded into the parasite's digestive vacuole. A standard pH calibration curve is generated by using the isolated trophozoite stage parasites suspended in buffers with different pH in the presence of an ionophore, carbonyl-cyanide m-chlorophenylhydrazone (CCCP). Without CCCP, the steady-state digestive vacuole pH showed an acidic value of 5.42 ± 0.11 . Next, the antimalarial activity of artemisinin was evaluated by using a 4-hour drug pulse assay to determine the 50% inhibitory concentration (IC_{50-4 hours}) and sub-lethal concentrations (caused less than 25% parasite death). Mid ring stage parasites were pulsed with different concentrations of artemisinin (0-1000 nM) for 4 hours (mimic *in vivo*

exposure) and then washed to remove the drugs. The parasite cultures were continually cultured for 24 hours to examine its growth and 48 hours to examine its viability. Sub-lethal concentrations (15 and 30 nM) were selected from this study to ensure the digestive vacuole pH change observed in the subsequent experiment was not due to parasite death. Using the similar assay of 4-hour drug pulse on mid ring stage parasites, the sub-lethal concentrations increased the digestive vacuole pH by 0.49 (15 nM, pH = 5.7 ± 0.1) and 1.56 pH unit (30 nM, pH = 6.77 ± 0.48), respectively as compared with the untreated parasites (pH = 5.21 ± 0.04). The same assay was performed at mid trophozoite stage parasites to enable direct measurement of the digestive vacuole pH. The pH of the digestive vacuole was increased by 1 (15 nM, pH = 6.6 ± 0.1) and 1.48 pH unit (30 nM, pH = 7.1 ± 0.08), respectively as compared with the untreated parasites (pH = 5.6 ± 0.1). A similar result of the digestive vacuole pH alteration caused by a standard V-type H⁺-ATPase inhibitor, concanamycin A was observed (pH = 7.4 ± 0.1). In conclusion, the result showed that artemisinin, like concanamycin A may inhibit the V-type H⁺-ATPase, which caused the pH alteration in the digestive vacuole. The flow cytometry-based assay in this study provides a simple and accurate model for the measurement of digestive vacuole pH with a simultaneous evaluation on parasite growth and viability following treatment with other antimalarial drugs.

CHAPTER 1

INTRODUCTION

1.1 Background of the study

Malaria is a global health issue and remains a prominent infectious disease in developing countries especially in tropical and subtropical regions. In 2017, approximately 219 million malaria cases were reported worldwide with an estimated 435 000 deaths (World Health Organization (WHO), 2018). In Malaysia, a total of 508 cases including local and imported cases were recorded in 2017 (WHO, 2018). The influxes of foreign workers especially from malaria endemic countries have contributed to the recurrence of the cases and the widespread of the disease (Yong *et al.*, 2018). Hence, massive efforts and strategies are warranted to eliminate malaria.

Malaria is generally transmitted to humans through the bites of infected female *Anopheles* mosquitoes. The disease can also be transmitted via blood transfusion or sharing needles contaminated with the parasite. There are five species of the human malaria parasites namely *Plasmodium falciparum*, *P. vivax*, *P. ovale*, *P. malariae* and *P. knowlesi*. Among these species, *P. falciparum* is the most virulent and responsible for the highest rate of morbidity and mortality of malaria worldwide (Geleta and Ketema, 2016).

Plasmodium falciparum has a multistage life cycle to complete its growth and development in different hosts (Aly *et al.*, 2009). The sexual cycle of the malaria

parasite occurs in a mosquito, which involves the production of infective sporozoites. The sporozoites enter the human host during the blood feeding, initiating the asexual cycle. The asexual cycle of the parasite involves two main phases; the exoerythrocytic and intraerythrocytic phases. The exoerythrocytic phase begins when the sporozoites enter the bloodstream and invade the hepatocytes. After maturation of live-stage schizonts, thousands of merozoites are released from the bursting of the hepatocytes. The merozoites subsequently invade the erythrocytes, initiating the intraerythrocytic phase. At this phase, the parasite takes approximately 48 hours to complete its pathogenic life cycle, which is responsible for the clinical manifestations of the disease (Josling and Llinás, 2015).

Common clinical symptoms caused by the malaria parasites grown in the erythrocytes are headache, fever, vomiting, muscle pain and diaphoresis. These mild symptoms can progress into severe illness such as severe anaemia and cerebral malaria, which can cause death without immediate and proper treatment (Trampuz *et al.*, 2003; White, 2018). To date, the chemotherapeutic treatment using antimalarial drugs remains the primary option to combat malaria as there is no effective vaccine available thus far (Mahmoudi and Keshavarz, 2017).

Chloroquine, an antimalarial drug from the class of 4-aminoquinolines, was the most prescribed drug for malaria treatment (Al-Bari, 2015). Due to the emergence and spread of parasite populations resistant to this drug, this has led to the discovery of endoperoxide-containing compounds, artemisinin and its derivatives (Rudrapal and Chetia, 2016). These promising drugs have a superior activity against all intraerythrocytic stage parasites (Mohd-Zamri *et al.*, 2017a) and have been used

together with other drugs that have long-lasting effects in artemisinin-based combination therapies (ACTs) (Pinheiro *et al.*, 2018). Currently, ACTs have been recommended as the first-line treatment for uncomplicated malaria (WHO, 2010). Worryingly, the decline in susceptibility of artemisinin against the parasites was reported in Southeast Asia countries such as in Thailand and Cambodia and manifested clinically as longer parasite clearance time (Fairhurst and Dondorp, 2016; Hanboonkunupakarn and White, 2016). Thus, it is important to understand the precise mode of action of artemisinin in a view to reveal the key drug target within the parasite.

The precise mechanism of action of artemisinin is still a matter of debate among researchers over the decades. Although several parasite proteins have been reported to be the drug targets (Wang and Lin, 2016), none of them could satisfactorily account for the rapid and potent inhibitory effect of artemisinin. A recent proteomics study by Wang *et al.* (2015) identified several parasite proteins as the targets of artemisinin including V-type H⁺-pyrophosphatase. Another study by Ismail *et al.* (2016), also demonstrated that two subunits A and B of the V-type H⁺-ATPase are the targets of artemisinin. V-type H⁺-pyrophosphatase and V-type H⁺-ATPase have been shown to act together to maintain a low internal pH of the digestive vacuole of the malaria parasite (Hapuarachchi *et al.*, 2017; Saliba *et al.*, 2003). We hypothesised that artemisinin might have a direct effect on the digestive vacuole's proton pumps, thereby causing the alkalinisation of this organelle and eventually the parasite death. The present study was conducted to measure the pH of the digestive vacuole of the parasites treated with artemisinin and its correlation with parasite growth and viability.

1.2 Rationale of the study

The malaria parasite spends part of its life cycle inside the erythrocyte. Using cytostomes, the parasite performs endocytosis to internalise the haemoglobin (Dluzewski *et al.*, 2008; Milani *et al.*, 2015). Budding of the cytostomes leads to the formation of haemoglobin-containing endocytic vesicles (Lazarus *et al.*, 2008). These vesicles are transferred to the digestive vacuole for degradation by proteases (Abu Bakar *et al.*, 2010). Several proteases involved in the haemoglobin degradation are aspartic, cysteine and metalloproteinases that work optimally in the pH ranging from 4.5-5.5 (Liu, 2017b; Na *et al.*, 2010), suggesting that the digestive vacuole maintains an acidic environment.

The maintenance of the acidic pH of the digestive vacuole has been regulated by the action of the proton pumps, V-type H⁺-ATPase and V-type H⁺-pyrophosphatase located at the digestive vacuole's membrane (Hapuarachchi *et al.*, 2017; Shah *et al.*, 2016). These proton pumps have been responsible to promote the influx of H⁺ into the digestive vacuole (Abu Bakar, 2015). The inhibition of V-type H⁺-ATPase and V-type H⁺-pyrophosphatase by specific inhibitors such as concanamycin A and imidodiphosphate (IDP) respectively caused the alkalinisation of the digestive vacuole (Shah *et al.*, 2016).

The ultrastructural study by del Pilar Crespo *et al.* (2008) using serial thin-section transmission electron microscopy showed that treatment with artemisinin (40 times the IC₅₀ values of the drug) for 8 hours caused the disruption of the digestive vacuole's membrane. The authors also observed using fluorescence

microscopy the cellular distribution of the pH probe (LysoSensor Blue) in the digestive vacuole, suggesting an early disruption of the pH gradient. However, it is still obscure whether this was due to the primary action of artemisinin or as the consequence of parasite death due to higher concentration of artemisinin and longer treatment with the drug.

To address the question, in the present study, a flow cytometry-based assay was developed for a quantitative analysis of pH of the digestive vacuole of parasites pulsed for 4 hours with sub-lethal concentrations of artemisinin by using a pH-sensitive fluorescent probe, fluorescein isothiocyanate (FITC)-dextran. Flow cytometry offers an alternative technique for evaluating pH changes of the digestive vacuole on a population of erythrocytes and permits direct correlation with parasite growth (Abu Bakar, 2015; Ibrahim and Abu-Bakar, 2019). A DNA/RNA-binding fluorescent dye, SYBR Green I that takes advantage of the absence of nucleic acids in mature erythrocytes was used with flow cytometry to discriminate between infected and uninfected erythrocytes. This significantly facilitates direct and correlative measurements between multiple parameters, which are digestive vacuole pH and parasite growth and survival. Parasites were exposed to a short 4-hour pulse with different concentrations of artemisinin to mimic the duration of clinical exposure to the drug, which has a short half-life. The 4-hour pulse inhibitory concentration 50% ($IC_{50-4 \text{ hours}}$) and the sub-lethal concentrations of the drug that caused less than 25% parasite death were determined and employed throughout subsequent experiments. The study might be able to explain the action and specificity of artemisinin in parasite killing and facilitate the development of better strategies to treat malaria in times of emerging resistance to artemisinin.

1.3 Objectives of the study

1.3.1 General objective

To determine pH changes of the digestive vacuole of the chloroquine-sensitive (3D7) strain of *P. falciparum* treated with sub-lethal concentrations of artemisinin in the 4-hour pulse drug inhibition assay

1.3.2 Specific objectives

- i. To determine optimal loading concentration of FITC-dextran in resealed erythrocytes
- ii. To generate a standard pH calibration curve using saponin-permeabilised parasites containing FITC-dextran
- iii. To determine the 4-hour pulse inhibitory concentration 50% ($IC_{50-4 \text{ hours}}$) and sub-lethal concentrations of artemisinin against mid ring stage parasites.
- iv. To measure the pH of the digestive vacuole of the parasite pulsed for 4 hours with sub-lethal concentrations of artemisinin and its correlation with parasite growth

1.4 Experimental design

The aim of the study was to measure the pH of the digestive vacuole of the malaria parasite pulsed for 4 hours with sub-lethal concentrations of artemisinin. The digestive vacuole pH was measured using a ratiometric pH indicator, FITC-

dextran incorporated into resealed erythrocytes using a method of hypotonic haemolysis dilution. Beforehand, an optimal loading concentration of FITC-dextran was determined to detect sufficient fluorescence signal while minimising the loss of haemoglobin during the resealing process. Ring stage parasites were treated with sorbitol to obtain a synchronous population of mature stage parasites at 26-hour post-synchronisation. Mature stage parasites were harvested using a magnetic column separation technique and cultured with resealed erythrocytes.

The invasion of early ring stage parasites in resealed erythrocytes was observed at 14-hour post-inoculation (~6-hour post-invasion). After 42-hour post-inoculation (~34-hour post-invasion), trophozoite stage parasites with accumulated FITC-dextran within the digestive vacuole were isolated by brief exposure with 0.035% (w/v) saponin. Saponin-permeabilised parasites were incubated in different pH buffers in the presence of an ionophore, causing the pH of the parasite compartments to equilibrate with the pH of the buffers. A pH calibration curve was generated based on the ratio of the fluorescence intensity of FITC-dextran measured at two different wavelengths (530 nm and 585 nm). This standard curve was used for determination of pH of the parasite's digestive vacuole.

Next, the assay of 4-hour artemisinin pulse was performed for the assessment of parasite growth and viability. Mid ring stage parasites were pulsed for 4 hours (to mimic the drug's short half-life in human body) with different concentrations of artemisinin prepared by two-fold serial dilutions. After 4 hours, the parasite cultures were washed to remove the drug and incubated in normal culture conditions for additional 24 and 48 hours. The effects of the treatment were

evaluated at 24-hour post-treatment (to assess parasite growth and parasitaemia in the same cycle) and at 48-hour post-treatment (to examine the parasite viability in the next cycle) using SYBR Green I staining. The increase of parasitaemia calculated at 48-hour post-treatment represents the parasite viability. The percentage of parasite growth inhibition was measured based on the parasitaemia at 24- and 48-hour post-treatment for determination of the 4-hour pulse inhibitory concentration 50% (IC_{50-4} hours). The sub-lethal concentrations of artemisinin that caused less than 25% parasite death and affected the parasite growth were selected to be employed in the subsequent experiment.

In the experiment to measure the pH of the digestive vacuole, mid ring stage parasites in resealed erythrocytes with and without FITC-dextran were pulsed with sub-lethal concentrations of artemisinin for 4 hours. Like in the 4-hour artemisinin pulse assay, the parasite cultures were washed to remove the drug and further cultured for 24 and 48 hours. At 24-hour post-treatment, parasite with FITC-dextran-containing digestive vacuoles was isolated with saponin (0.035% w/v) for digestive vacuole pH measurement by flow cytometry. Parasite cultures using resealed erythrocytes without FITC-dextran were split into two aliquots before being used for the assessment of parasite growth at 24-hour post treatment and parasite viability at 48-hour post-treatment. The assay of 4-hour drug pulse with sub-lethal concentrations was also performed at mid trophozoite stage parasites to enable direct measurement of the digestive vacuole pH. The summarised flow for the study is illustrated in Figure 1.1.

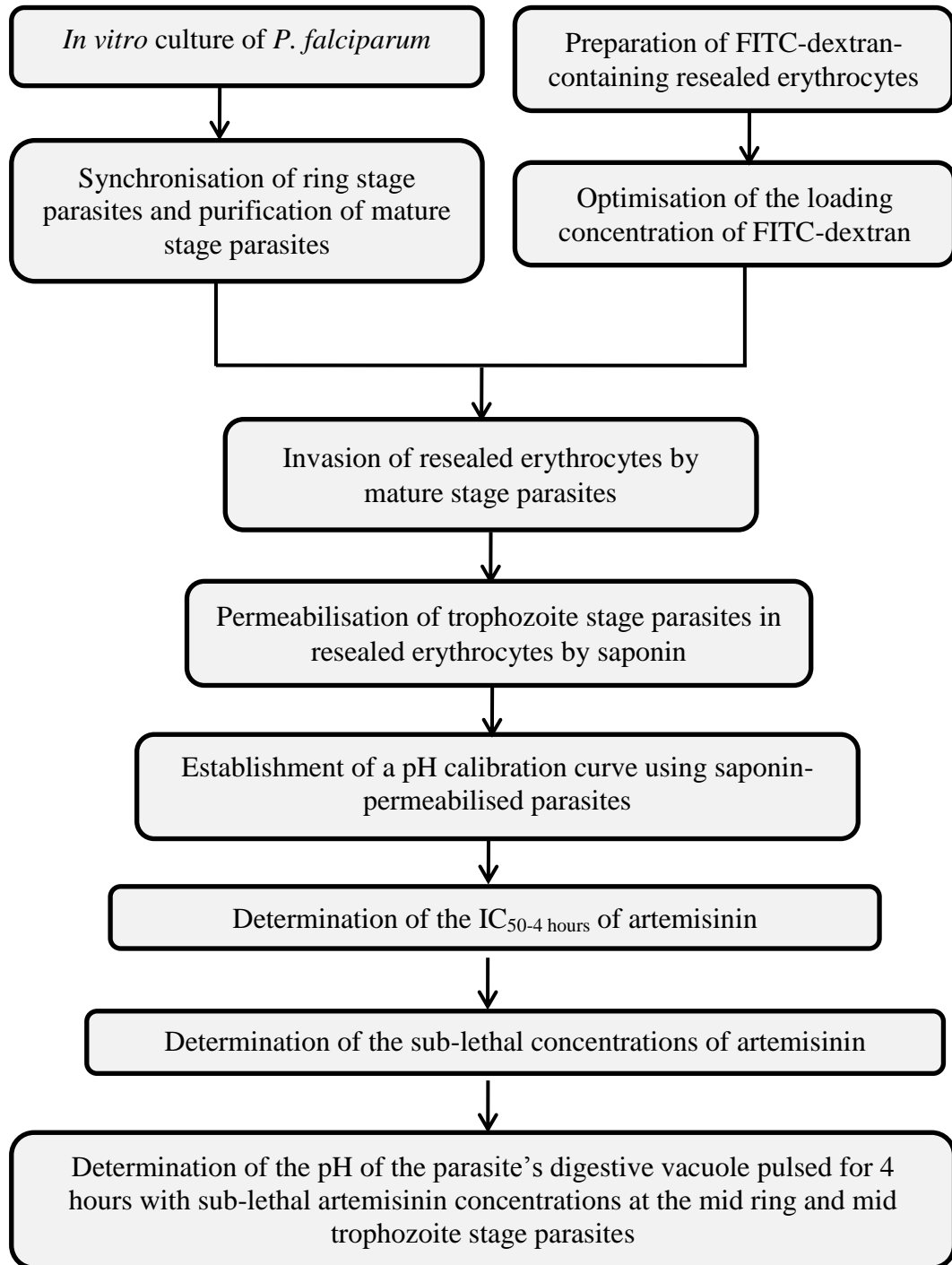


Figure 1.1: Flowchart of the experiments throughout the study

A pH calibration curve was established using the ratiometric pH indicator, FITC-dextran incorporated into the saponin-permeabilised parasites. The pH calibration curve was used to measure the digestive vacuole pH. The sub-lethal concentrations were determined in the assay of 4-hour artemisinin pulse. These concentrations were employed in the subsequent experiment using the same assay of 4-hour drug pulse to measure the pH of parasite's digestive vacuole.

CHAPTER 2

LITERATURE REVIEW

2.1 Overview of malaria

Malaria is a lethal infectious disease, which has been a scourge of humanity since ancient times. The causative agents of the disease are malaria parasites of the genus *Plasmodium* that can be transmitted by female mosquitoes of the genus *Anopheles*. After the discovery of the malaria parasite in the human erythrocyte in 1880 by Laveran (Hanboonkunupakarn and White, 2016), many studies have been extensively carried out as malaria has been widely spread throughout many countries in the world. Various strategies and efforts including the use of insecticide-treated bed nets, indoor residual spraying and antimalarial drugs have contributed to the control and elimination of the disease (Tizifa *et al.*, 2018). Due to the problem of drug resistance, malaria still remains a major health issue especially in Southeast Asia and other tropical regions in the world (Cui *et al.*, 2015).

2.2 Distribution of malaria

Malaria mostly occurs in tropical and sub-tropical countries where temperature, humidity and rainfall are relatively high and suitable for parasite growth and development within the mosquitoes (Kar *et al.*, 2014). To date, 91 countries have ongoing malaria transmission with most cases and deaths occur in Africa (WHO, 2018). According to WHO (2018), most malaria cases in 2017 were reported

in the African region with 200 million cases (92%) followed by the Southeast Asia region (5%) and the Eastern Mediterranean region (2%). Fifteen countries in sub-Saharan Africa and India were responsible for almost 80% of the malaria cases worldwide with five countries namely Nigeria (25%), Democratic Republic of the Congo (11%), Mozambique (5%), India (4%) and Uganda (4%) accounted for nearly half of the total malaria statistics worldwide (Figure 2.1).

In Malaysia, there has been a tremendous reduction in malaria burden in the past two decades (WHO, 2018). Even there was a fluctuation of malaria cases in 2005-2009 (Figure 2.2), the number of cases gradually decreased in 2010. The number of malaria cases in 2017 continually dropped to 508 cases including the cases of *P. vivax*, *P. falciparum* and imported cases. However, there was an increase of the total malaria cases in 2017 due to *P. knowlesi* infection. Sabah and Sarawak have contributed to the majority of *P. knowlesi* cases in Malaysia followed by several states in Peninsular Malaysia (Yong *et al.*, 2018).

2.3 Human malaria parasites

The phylum Apicomplexa comprises of diverse obligate intracellular parasites of the genus *Plasmodium*, *Babesia*, *Toxoplasma*, *Cryptosporidium*, *Eimeria* and *Theileria* (Reid, 2015). There are about 200 species of *Plasmodium* and five of them are identified to cause infection in human namely *P. falciparum*, *P. vivax*, *P. ovale*, *P. malariae* and *P. knowlesi* (Grossman *et al.*, 2017).

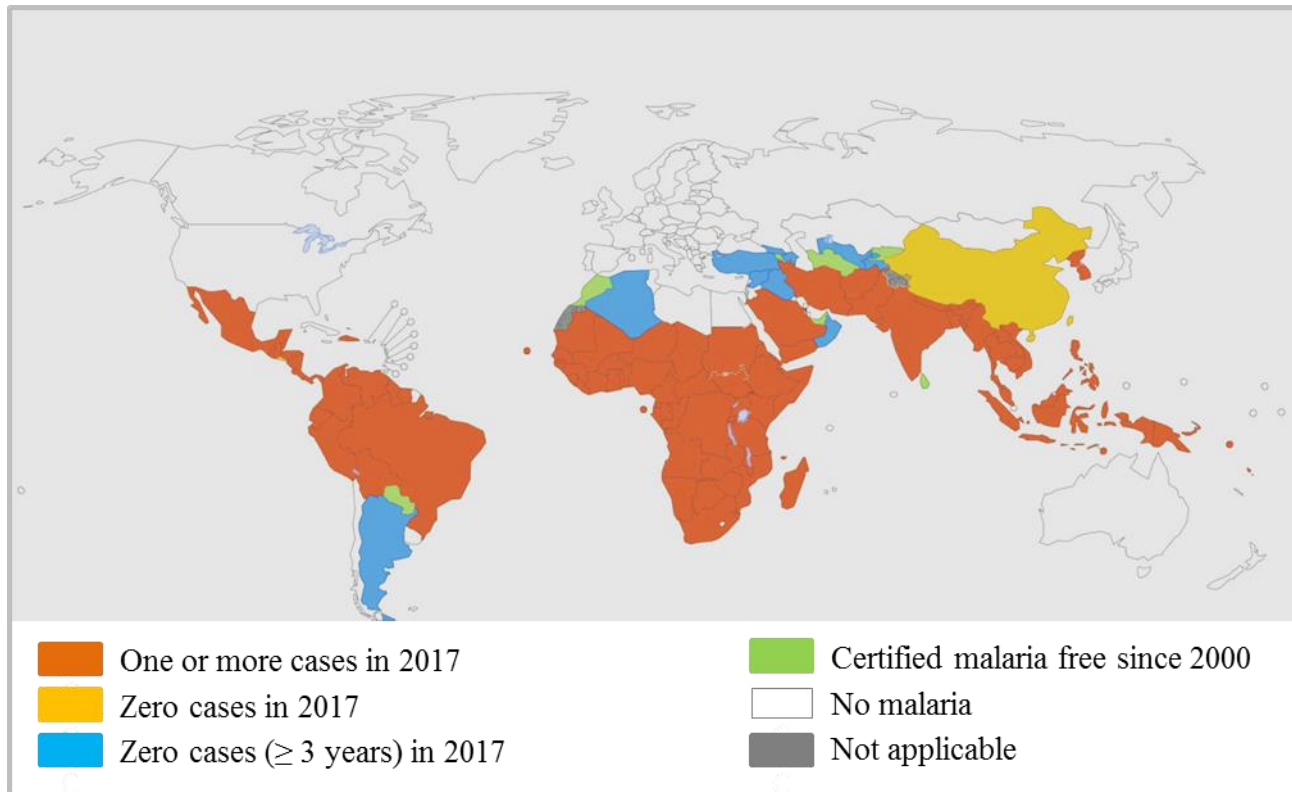


Figure 2.1: The malaria incidence rates worldwide from 2000-2017

All countries in the European region and China reported zero indigenous cases in 2017. Certain regions such as in Southeast Asia are still in active malaria transmission. Modified from World Malaria Report WHO (2018).

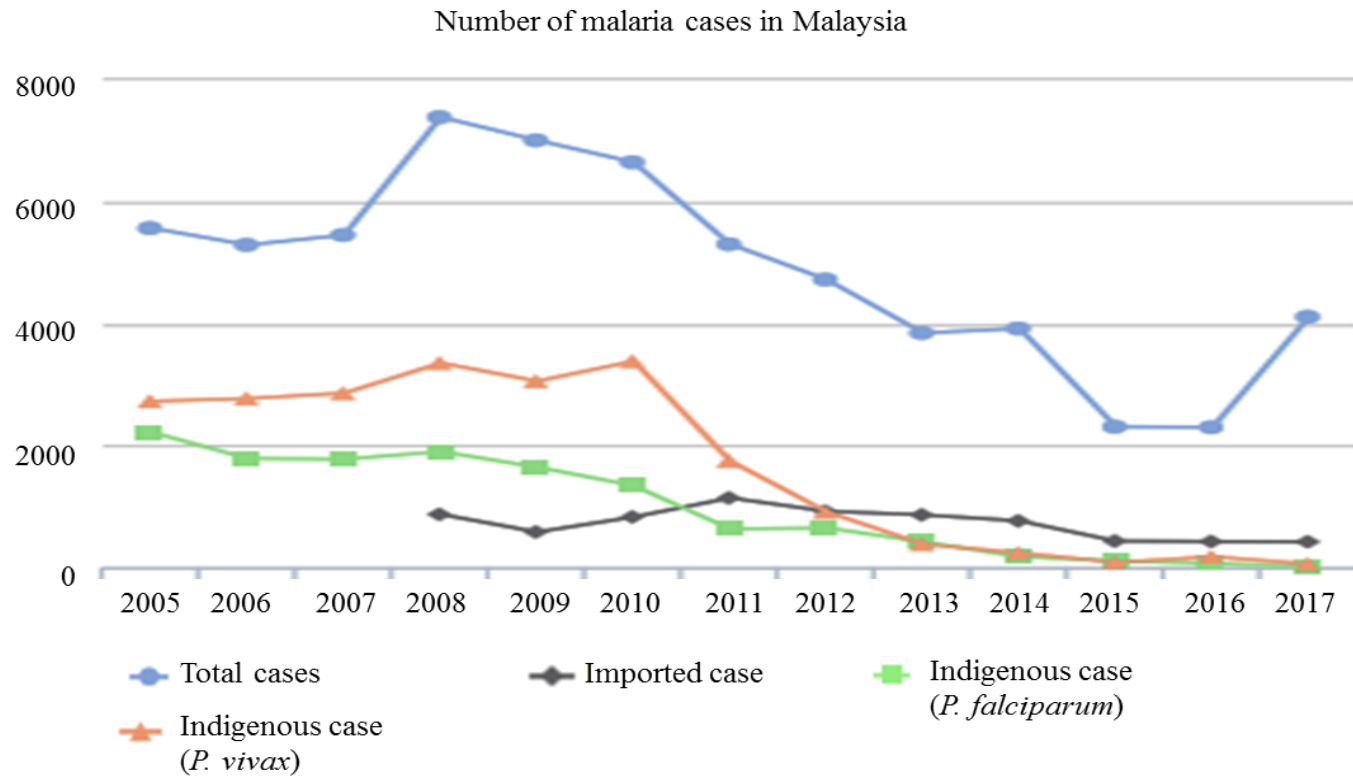


Figure 2.2: The number of malaria cases in Malaysia from 2005-2017

The number of malaria cases increased in 2008 with the highest cases was from *P. vivax*. The cases of *P. vivax* and *P. falciparum* decreased in the following years. In 2017, the total cases showed a slight increase due to the cases of *P. knowlesi*. Modified from WHO (2018).

Plasmodium knowlesi has been always misdiagnosed as *P. malariae* by microscopic examination. Now, the advancement of tools used for diagnosing malaria is able to differentiate the genetic components between these two species (Mohring *et al.*, 2019). *P. malariae* has the ability to persist in the intraerythrocytic stage for a long time, but does not cause a hypnozoite infection (Grossman *et al.*, 2017). The hypnozoites can be observed in *P. ovale* and *P. vivax* infections, which are able to remain dormant in the liver cells up to several months or years and can cause a relapse infection (Okafor and Finnigan, 2019).

Among the five human malaria parasites, *P. falciparum* is responsible for the vast majority of mortality and morbidity worldwide where it is predominantly distributed in sub-Saharan Africa (Howes *et al.*, 2016). *P. falciparum* is the most virulent malaria parasite that can cause high parasitaemia and able to invade host erythrocytes of different ages (Geleta and Ketema, 2016).

2.4 Life cycle of the malaria parasite

The malaria parasite has a complex life cycle that alternates between a sexual cycle in a mosquito vector and an asexual cycle in a human host.

2.4.1 Sexual cycle of the malaria parasite within a mosquito

The sexual cycle of the malaria parasite commences when a female mosquito ingests microgametocytes (male) and macrogametocytes (female) from an infected human during a blood meal (Figure 2.3) (Josling and Llinás, 2015).

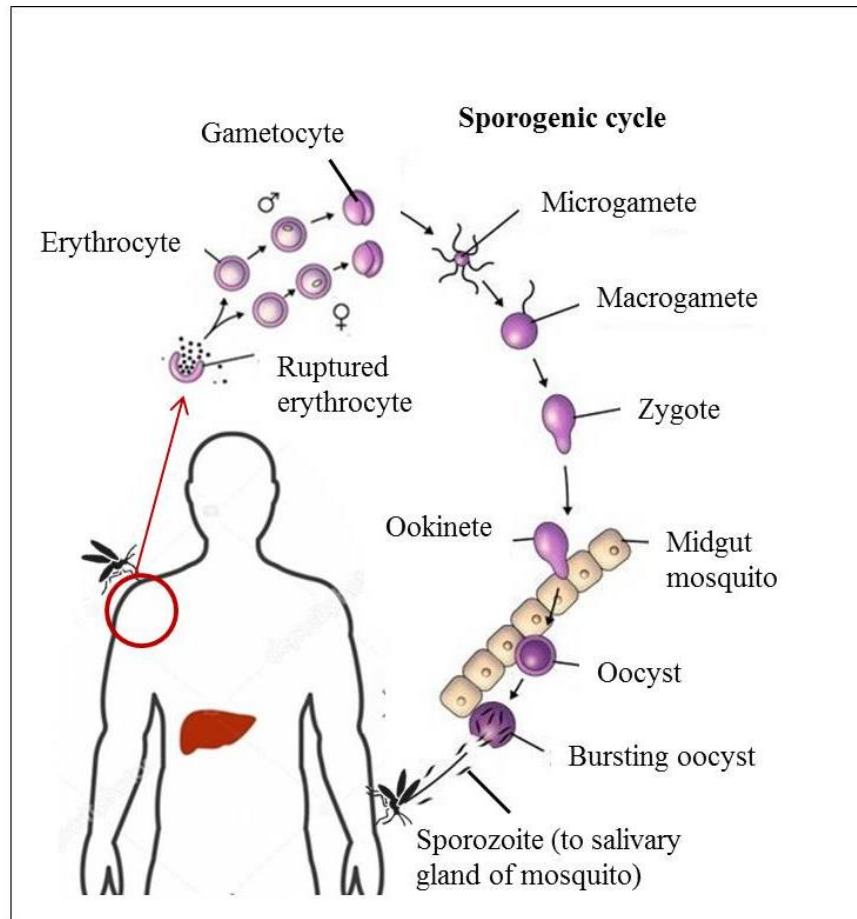


Figure 2.3: The sexual cycle of the malaria parasite within a mosquito

Microgametocytes (male) and macrogametocytes (female) are ingested by a mosquito during a blood meal and delivered to the mosquito's midgut. These gametocytes undergo maturation into microgametes and macrogametes. The microgametes fuse with the macrogametes forming zygotes, which undergo meiosis to form ookinetes. The ookinetes penetrate the midgut wall and mature into oocysts. The oocysts rupture releasing numerous sporozoites, which migrate to the salivary gland allowing infection of a new host during the blood meal. Modified from Karunamoorthi (2014).

Exflagellation of the microgametocytes leads to the production of eight microgametes, which can fuse with macrogametes to produce zygotes in the mosquito's midgut. The zygotes undergo meiosis to form motile ookinetes, which penetrate the midgut wall and differentiate into oocysts. After ten days of maturation, the oocysts rupture releasing numerous sporozoites. The sporozoites travel to the salivary gland where they are ready to be transmitted to a human during another blood meal.

2.4.2 Asexual cycle of the malaria parasite within a human

The asexual cycle of the malaria parasite begins when a mosquito inoculates sporozoites into a human during a blood feeding. The sporozoites enter the blood circulation and invade the liver cells to initiate the exoerythrocytic cycle (Figure 2.4A) (Josling and Llinás, 2015). Inside the liver cell, the parasite multiplies and matures into a schizont. The schizont ruptures releasing numerous merozoites. The exoerythrocytic cycle takes place between 2-7 days depending on the species of the malaria parasite (Bertolino and Bowen, 2015). The merozoites enter the blood circulation and invade the erythrocytes to initiate the intraerythrocytic cycle (Figure 2.4B). Inside the erythrocyte, the parasite develops into three distinct stages; ring, trophozoite and schizont.

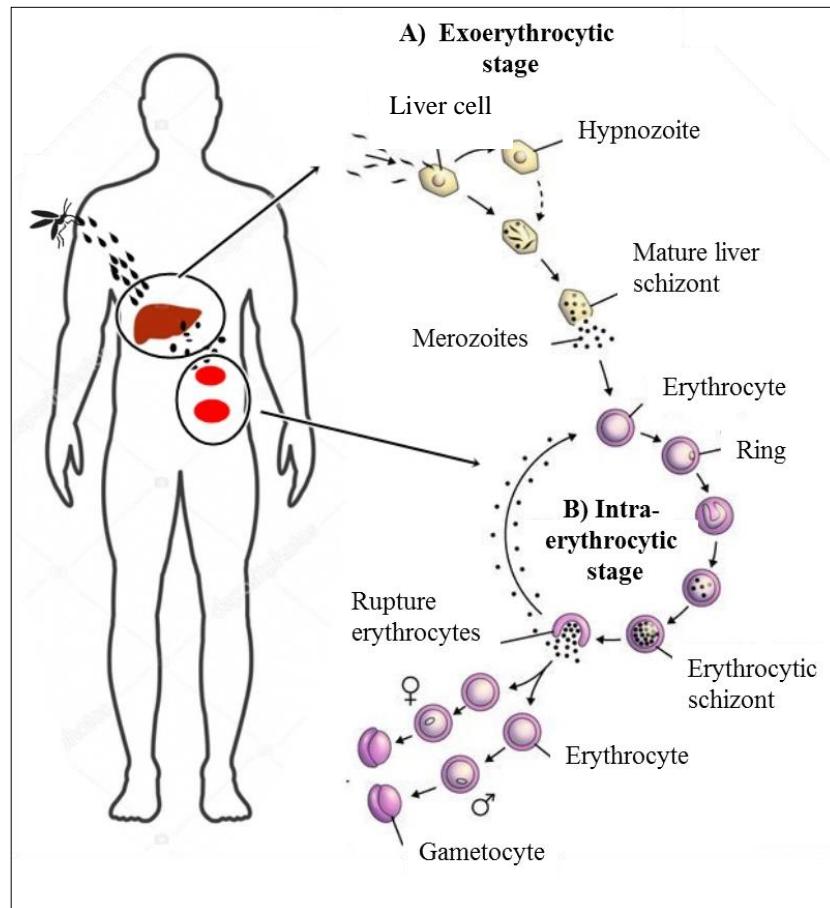


Figure 2.4: The asexual cycle of the malaria parasite within a human

(A) Sporozoites inoculated by an infected mosquito enter the liver cells of a human host to begin the exoerythrocytic stage. The parasites mature into schizonts, which burst to release thousands of merozoites. (B) The intraerythrocytic stage is initiated after the merozoites invade erythrocytes. The parasites mature into ring, trophozoite and schizont stages. The mature schizonts burst to release merozoites, which reinvade new erythrocytes and repeat the same cycle. Some of the merozoites differentiate into male and female gametocytes that can be ingested by a mosquito thus completing the life cycle. Modified from Karunamoorthi (2014).

In the early ring stage, the central region of the parasite is quite thin, while the peripheral region is thicker and contains nucleus and other organelles (Poostchi *et al.*, 2018). This gives its characteristic ring appearance in Giemsa-stained blood smears (Figure 2.5A). The ring stage of *P. falciparum* lasts for 24 hours from the time of merozoite invasion during which the metabolic activity and DNA levels are relatively low (Wallqvist *et al.*, 2016). In the trophozoite stage, the parasite rapidly grows with an increase in the metabolic activity and RNA levels (Wallqvist *et al.*, 2016). The parasite becomes globular with an enlarged cytoplasm where the digestive vacuole is readily observed by the accumulation of haemozoin pigment (Figure 2.5B). The trophozoite stage lasts for 10-12 hours in duration (25-38 hour post-invasion). The trophozoite progresses to the schizont stage (38-48 hour post-invasion) (Figure 2.5C) and undergoes multiple rounds of mitotic DNA replication to produce 16-20 merozoites that are capable of invading new erythrocytes (De Niz *et al.*, 2016).

The rapid growth and development within the erythrocytes require the parasites to obtain nutrients and metabolise various biological molecules in order to survive and reproduce (Abshire *et al.*, 2017). A better understanding of the parasite's metabolisms such as haemoglobin metabolism may lead to the development of novel therapeutic strategies, which exploits the uniqueness of the parasite (Lechuga *et al.*, 2019).

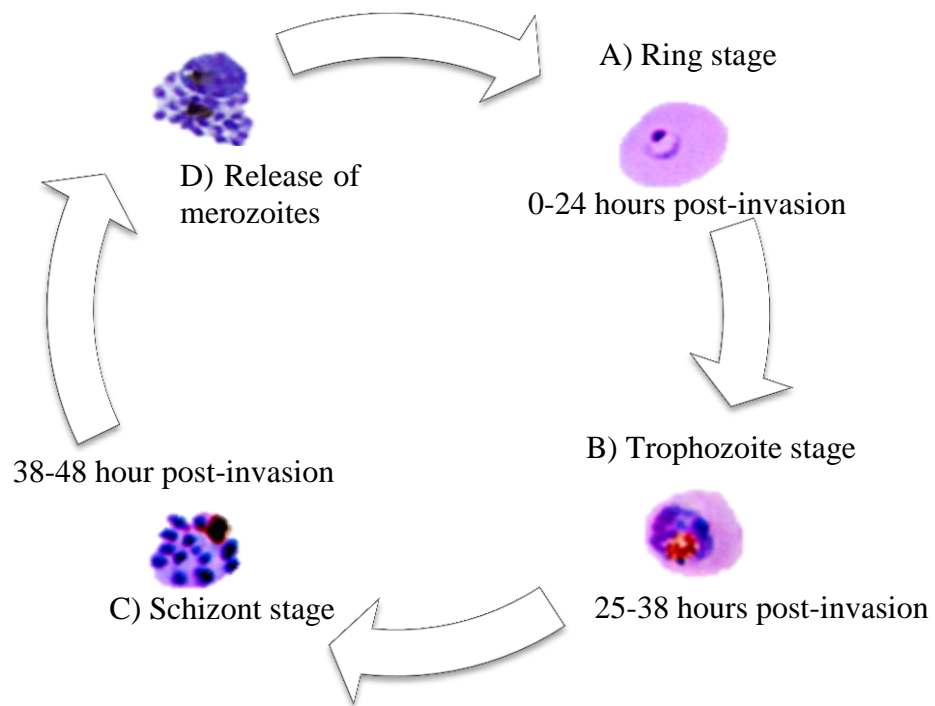


Figure 2.5: The intraerythrocytic stages of *P. falciparum*

(A) After invasion, the ring stage parasite lasts for 24 hours before grow to (B) the trophozoite stage. The parasite becomes enlarged and globular with the appearance of haemozoin in the digestive vacuole. This stage lasts for 25-38 hours post-invasion before develop to (C) the schizont stage (38-48 hours post-invasion) where nuclear division occurs to produce a multinucleated schizont. The schizont ruptures releasing numerous merozoites, which will invade new erythrocytes to repeat the same intraerythrocytic cycle.

2.5 Haemoglobin metabolism within the malaria parasite

The malaria parasite internalises a large portion of the cellular content of its host erythrocyte (Sigala and Goldberg, 2014). The internalised cytoplasm consisting largely of haemoglobin is transported to the digestive vacuole (Milani *et al.*, 2015) where it is digested to provide amino acids for protein synthesis (Jonscher *et al.*, 2019) and space for growth (Wendt *et al.*, 2016).

2.5.1 Haemoglobin ingestion by the malaria parasite

The malaria parasite ingests the erythrocyte cytoplasm in spite of being enclosed within the parasitophorous vacuole (PV) (Santi-Rocca and Blanchard, 2017). During the early ring stage of development, the haemoglobin ingestion is thought to be limited (Heller and Roepe, 2018). When the parasite enters the mid ring stage, small portions of the erythrocyte cytoplasm are taken up by micropinocytosis (Abu Bakar *et al.*, 2010; Xie *et al.*, 2016). This process involves structures called cytostomes that are formed by double-membrane invaginations of the parasitophorous vacuolar membrane (PVM) and the parasite plasma membrane (PPM) (Figure 2.6A) (Milani *et al.*, 2015). The protein composition of cytostomes is not known, but it has been shown that the endocytic process is mediated by actin (Jonscher *et al.*, 2019; Lazarus *et al.*, 2008). As the parasite matures to the trophozoite stage, a larger volume of haemoglobin is ingested by cytostomes (Abu Bakar *et al.*, 2010; Wendt *et al.*, 2016). There is evidence for continuing haemoglobin uptake by the schizont stage parasite (Josling and Llinás, 2015) as it

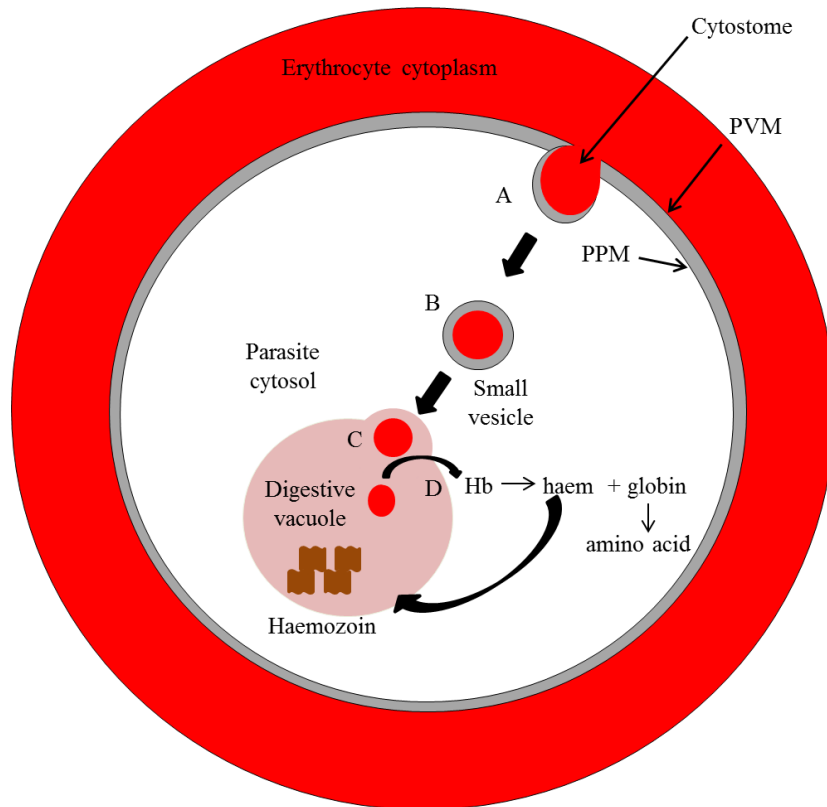


Figure 2.6: The schematic diagram of haemoglobin ingestion, transport to and digestion in the digestive vacuole of *P. falciparum*

(A) Haemoglobin is internalised by the parasite via a cytostome. (B) The budding of the cytostome forms a double-membrane vesicle, which is directly transported to the digestive vacuole. (C) The outer membrane of the vesicle fuses with the digestive vacuole releasing haemoglobin. (D) Haemoglobin is degraded to amino acids and a toxic by-product haem. Haem is detoxified to an inert polymer known as haemozoin by the process of biocrystallisation. PVM: parasitophorous vacuolar membrane, PPM: parasite plasma membrane, Hb: haemoglobin. Modified from Abu Bakar *et al.* (2010).

eventually consumes 80% of the erythrocyte haemoglobin and occupies most of the erythrocyte volume (Silva *et al.*, 2017).

Other distinct mechanisms that mediate the haemoglobin uptake have been proposed (Elliott *et al.*, 2008; Medeiros *et al.*, 2012; Wendt *et al.*, 2016). The early ring stage parasite was thought to fold around a big gulp of the erythrocyte cytoplasm to take up haemoglobin. This endocytic process was continued by small cytostome-derived haemoglobin-containing vesicles and tubules as the parasite matures. Additional cytostome-independent endocytic structures called phagosomes were described in more mature stage parasites. On the other hand, another study proposed that extended cytostomal tubes were used by the parasite to internalise and transfer haemoglobin to the digestive vacuole via a vesicle-independent process (Lazarus *et al.*, 2008). However, live-cell imaging and photobleaching technique to investigate the dynamics and connectivity of different endocytic compartments did not support the role of the macropynocytic event in the parasite (Abu Bakar *et al.*, 2010; Liu *et al.*, 2019).

2.5.2 Haemoglobin transport to the digestive vacuole

In the late ring stage of development, haemoglobin transport commences after cytostomes pinch off at the neck forming double-membrane, haemoglobin-containing vesicles (Klemba *et al.*, 2004; Milani *et al.*, 2015) (see Figure 2.6B). The transport of haemoglobin-containing vesicles has been demonstrated to utilise an actin-myosin motor system (Milani *et al.*, 2015). The haemoglobin and inner membrane of the vesicles have been shown to be digested by proteases and

phospholipases, respectively en route to the digestive vacuole (Abu Bakar *et al.*, 2010; Burda *et al.*, 2015). The outer membrane of the vesicles has been reported to fuse with the plasma membrane of the digestive vacuole (Milani *et al.*, 2015) (see Figure 2.6C), resulting in the delivery of single-membrane, haemoglobin-filled vesicles into the lumen of the digestive vacuole (Jonscher *et al.*, 2019). A knockout of the gene encoding the *P. falciparum* digestive vacuole's aspartic protease, plasmepsin IV (*PfPM4*) caused abundant accumulation of electron-dense vesicles in the digestive vacuole (Liu *et al.*, 2015). Once the digestive vacuole is fully formed, it appears to be the primary site of haemoglobin degradation and haem detoxification

2.5.2(a) The digestive vacuole of the malaria parasite

The digestive vacuole is formed de novo after each round of infection of the erythrocyte by the malaria parasite (Wendt *et al.*, 2016). The lack of the typical lysosomal acid phosphatase and glycosidases (Coronado *et al.*, 2014) has proved that the digestive vacuole of the malaria parasite is a specialised organelle that evolves to efficiently digest haemoglobin (Deshpande and Kuppast, 2016). The digestive vacuole has also been observed in other parasites such as in *Babesia caballi* and *Theileria equi* (Maji, 2018).

Microscopically, the alteration of the density of the digestive vacuole indicates that haemoglobin digestion has occurred (Wendt *et al.*, 2016). This process produces an insoluble toxic waste product called haem, which is detoxified by the formation of haematin dimers that biocrystallise to a chemically inert malaria pigment known as haemozoin (Xie *et al.*, 2016). Haemozoin can be observed by light

and electron microscopy as it is a very dense structure and lined up along a single axis in the parasite (Figure 2.7). Lipid bodies, whose contents are possibly derived from the digestive vacuole's wall and interior as well as the inner membrane of the transport vesicles, are also found adjacent to the digestive vacuole (Olafson *et al.*, 2015). These neutral lipid bodies have been suggested to promote haematin formation (Olafson *et al.*, 2015) and histidine-rich protein II (HRPII) (Gupta *et al.*, 2017).

2.5.3 Haemoglobin digestion in the digestive vacuole

In the digestive vacuole, haemoglobin that comprises of 95% of the cytosolic erythrocyte protein is digested by proteases via an ordered process (see Figure 2.6D) (Liu, 2017a). Haemoglobin has been initially digested by aspartic proteases (plasmepsins) and cysteine proteases (falcipains) into haem and globin (Coronado *et al.*, 2014). Globin has been further hydrolysed by metalloprotease (falcilysin) to release amino acids for incorporation into parasite proteins as the parasite has a restricted capability to synthesise amino acids *de novo* (Pandey and Pandey-Rai, 2015). The inhibition of plasmepsins and falcipains by a combination of the aspartic protease inhibitor, pepstatin and the cysteine protease inhibitor, E-64 was led to the accumulation of undigested haemoglobin indicating a complete inhibition of haemoglobin digestion (Klonis *et al.*, 2011; Milani *et al.*, 2015). Haemoglobin digestion is also crucial to create space for parasite growth and to generate osmolytes to prevent premature lysis of the erythrocytes (Kumari *et al.*, 2019). Like in lysosomes of mammalian cells and yeast vacuoles, pH homeostasis of the digestive