

TEENAGE CRISIS SCHOOL FOR STUDENTS WHO BECOME PREGNANT BEFORE MARRIAGE

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Abstract

Getting pregnant among unmarried teenagers is an unwanted pregnancy. This is included in a juvenile delinquency, and in everyday life it can be categorized as a deviant behavior. The consequences that must be faced by the pregnant students are expulsion from school and early marriage. If many people do not know such pregnancy, abortion becomes the way to escape. This article aims to explore why such pregnancy of unmarried teenagers led to early marriage and abortion, the problems they will face in short-term and long-term. Teenage Crisis School for unmarried pregnant students provides a relatively appropriate solution. Although the previous conduct underlying the accident cannot be justified in view of legal, religious and social norms, such unmarried pregnant students are still entitled to education, knowledge and guidance for their future.

Keywords : *unmarried pregnancy, early marriage, abortion*

BACKGROUND

Adolescence is a transitional period from childhood to adulthood. At such period, teenagers often undergo a period that is full of storms and thunderbolts. Change that occurs inside their self is not only physical, but also psychological in nature as well as personal change due to social demand to them. Hurlock (2002) mentioned five changes that occur at adolescence, including: the increasing level of emotion whose intensity is dependent on physical and psychological conditions; change in body, interest and role expected by social groups; change in interest and behavioral patterns that make their values they previously regarded as important become no longer important; and ambivalent attitude among teenagers, where they are ambivalent in their attitude toward change. They demand freedom as well as reject responsibility that should be assumed.

In addition to the increasing interest to be acquainted with self-identity and sexual counterpart, teenagers also have high interest to sex. They always try to seek more information about sex, and only few adolescent seeks such information about sex from their parents (Hurlock, 2002). One of the sources of information for teenagers to seek information about the intricacy of sex is internet.

The effects of globalization are not only to cause positive but also negative impacts on society. Technological advances, easy facilities in communication, and open access to any information

influence ideology and the shift of view on norms pursued by society. If there is no strong self control, internet can be misused, so it can degenerate the morality of national generation. Internet brings with it positive effect for education world because we can gain any information from the internet. However, the reality shows that most people even misused the internet to watch porn videos and access the pornographic sites.

Eastern culture that respects to social and religious values pursued by the society regards the unmarried pregnancy is disgraceful. Most unmarried pregnant teenagers have still a status as student. Such pregnancy before marriage makes students undergoing mental stress and confusion in social roles that immediately changes them from adolescent to a mother (Sanderowitz & Paxman in Sarwono). The unmarried pregnancy is an unwanted pregnancy, particularly for students that must still complete their study. Therefore, a solution to solve the problem is either to get married early or do abortion.

World Health Organization (WHO) in 2012 found 16 millions of teenage girls in low- and middle income countries that gave birth annually and it is estimated that there are three millions of female children with 15-19 years old that did abortion in an insecure manner annually. The complication of pregnancy and delivery is the main underlying cause of mortality among pregnant teenagers. The mortality at giving birth and the mortality of newborn infant are 50% higher than those among women of 20-24 years old. Generally the pregnant students will be expelled from school, so they cannot enjoy education and skills to gain feasible job in the future.

PREGNANCY BEFORE MARRIAGE

According to WHO, teenagers are those of 10-19 years old, while the United Nations mentioned that youth in its definition is those of 15-24 years old. The limits of adolescent age usually used by psychologists is started from age of 12 years. The range of adolescent age is distinguished into three periods, i.e. the early adolescence of 12-15 years old, middle adolescence of 15-18 years old, and final adolescence of 18-21 years old (Santrock, 2002). In view of age mentioned by several sources above, it can be concluded that adolescent age is started from 10-21 years old, being still borne by parents, attend school for education and with a status of student.

One of the factors regarded as the underlying causes of the increasing case of pregnancy among students annually is lack of education on sex. In the eastern Culture, sex is a taboo one, so it is not proper to discuss in an open manner. On the other hand, the interest and propensity to know about sex make many students seeking more information about it. Therefore, they seek the source of information, including by discussing with their friends, reading books about sex or making trial by doing masturbation, petting or having coitus to meet their curiosity (Hurlock, 2002).

Pregnancy among female teenagers before marriage is included into a juvenile delinquency and in everyday life it is categorized as a deviant behavior (Sarwono,2010). The deviant behavior occurs due to lack of awareness among the teenagers on the future and the risks of each conduct

they do. Pratiwi (2013) found that the cause of unmarried adolescent pregnancy is the limited attention of parent, lack of religious education, and knowledge about norms as capital to be a foundation for selecting the sources of information or good or bad conducts; free milieu that make teenagers unable to prevent themselves from sexual intercourse (Pratiwi,2013)

The phenomenon of pregnancy before marriage make female students bear severe load of life because the pregnancy occur with no marriage bond, change in role from adolescent to a mother immediately cause anxiety in their self. On the other hand, a boy must be responsible for his bad conduct, i.e. by marrying and seeking livelihood for his new young wife although he is mentally not ready.

The resultant impacts of sexual conduct before marriage are more borne by female party. According to Luthfiyati in Sarwono (2008), the pregnancy before marriage impact the next life, including:

a. Drop-out

Female students that get pregnant before marriage in any schools form the phenomenon of iceberg, where the school party tries to hide the bad event undegone by its student taught for maintaining the image of school. The pregnancy before marriage is an unwanted one. Insult, negative stigma and rejection from society are undergone by students that get pregnant before marriage. In addition, other impacts undergone are dropout and economic consequences due to large care costs and so on (Sanderowitz & Paxman, 1985 in Sarwono).

Expelling the pregnant students is regarded as a good solution to keep the image of school, as well as to give a lesson for other students in order that they do not do the similar conduct. The dropout make students difficult to continue their school in other places because of negative stigma given. The consequence of the dropout is the loss of one of the important prerequisites of continuing the higher education.

b. The possibility of jobless with higher risks

Competition in job world is increasingly high and demand to gain quality human resources. The dropout causes the failure of gaining better job. At adolescent age where student has still the developmental tasks that should be completed must be wasted because the demand for the role of pregnant mother.

c. The possibility of having problems with her prospective husband that still expect virginity.

The eastern culture still respect the virginity as the value and purity of a woman. Not all female students getting pregnant before marriage gain the prospective husband that is a biological father from the child. A study by Wardani (2012) on the marriage of a man with women getting pregnant before marriage found that there are negative stigma from the husband that married the wife getting pregnant before marriage due to be forced to do.

Abortion

The students getting pregnant before marriage undergo anxiety about their future life and that of society's view about them. The anxiety is increasingly high when the partner will not be responsible for the pregnancy. The solution to solve the problem is to do abortion.

Abortion, or *abortus provocatus* from Latin word, is defined as to cause fetus to fall out prematurely; the cease of pregnancy or abortion. Cultural and religious as well as social norms prohibit the pregnancy before marriage, because the reason for abortion is unseparated from shame and fear to violate morality and norms. Doing abortion for the pregnancy before marriage is not an appropriate solution, but the worst one.

Most countries prohibit abortion, so many students getting pregnant tend to do abortion in an illegal and unsecure manner. The broken cervix being opened forcedfully causes haemorrhage that if not treated well it will cause mortality. Data from WHO of 2010 reported that there are 210 million of female teenagers that get pregnant throughout the world. From the amount, 46 million do abortion because of lustful passion during making partnership. There are 70,000 cases of adolescent mortality due to unsecure abortion, while other 4 millions undergone labor pain and morbidity. According to WHO, it is expected that there are 20 millions of unsecure abortion cases throughout the world, where approximately 9.5% of abortion cases occurred in the developing countries, approximately 13% from the total of teenagers doing abortion had mortality (Soetjningsih, 2011).

In addition to undergoing the abortion-related health problems, students that ever did abortion will suffer nightmare repeatedly, which is one of the Post Abortion Syndrom and other psychological problems. The Psychological Reaction Reported After Abortion in 1994 recorded the following post abortion syndroms:

1. Lossing self-esteem (82%)
2. Shouting histerically (51%)
3. Repeatly having nightmare about baby (63%)
4. Having temptation to suicide (28%)
5. Trying to use drugs (41%)
6. Being unable to enjoy sexual intercourse anymore (59%)

Abortion among students before marriage have great risk of mortality and morbidity. Although the students can be resilient from labor during abortion, other psychological problems and lifelong regret will be inevitably undergone. These psychological problems cause mental disorder, thus making them helpless.

Teenage Crisis School

Education is one of the human rights and an absolute means to realize other rights. The completion of an educational program determined satisfactorily is an important prerequisite for accessing better jobs, building feasible life, and improving someone's personal dignity, so education can be seen as the gate of success in the future.

In Quran of Al-Mujadilah (11), it is mentioned as follows: O you who believe! When you are told to make room in the assemblies, (spread out and) make room. Allah will give you (ample) room (from His Mercy). And when you are told to rise up [for prayers, *Jihad* (holy fighting in Allah's Cause), or for any other good deed], rise up. Allah will exalt in degree those of you who believe, and those who have been granted knowledge. And Allah is Well-Acquainted with what you do.

From the God's saying, it can be concluded that God ordered the servants to come in an assembly for knowledge. Reward given by the God for those with knowledge is to be exalted in degree among other people. In addition, the tradition of Messenger SAW also emphasizes the importance of education and knowledge. "Seeking knowledge is compulsory for each male and female moslem from born to the hole of grave." Therefore, there is no prohibition to gain feasible education, even for the pregnant students.

Expelling the students getting pregnant before marriage is an irresponsible act done by the school party. Basically, each people is entitled to education, so ceasing the stage of education is the expropriation of human rights. Teenage Crisis School is a school built for teenagers getting pregnant before marriage. Physical and psychological changes are the normal changes that accompany the pregnancy. The demand for activity and task schedule related to the teaching and learning process will be difficult with the pregnancy age. The condition of such pregnancy requires a special treatment, so the pregnant student gain dispensation from the school of origin and follow the learning process in Teenage Crisis School (TCS).

The students getting pregnant before marriage undergo many anxieties about the clarity of future life, the condition of fetus in their cervix, adaptation to the rule that must be immediately performed, and reaction from society and guilt. Therefore, they are necessary to accompany by expert staff for supporting and helping the solving of problems encountered.

Teenage Crisis School is an intervence in curative form dan rehabilitation. Intervention is to be involved in the element of the planned scientific interaction system in terms of improving the conditions of client (Sundberg, 2007). Curative intervention is a form of service or help to prevent the conditions of clients from being more serious through better treatment. The target in

the group is unmarried pregnant teenagers with temptation to do abortion or early marriage. The goals of the curative intervention is to prevent the conditions of teenagers from being more serious. Furthermore, TCS also do intervention through rehabilitation, i.e. the efforts of helping or providing service to keep and prevent morbidity or more serious conditions. The target is teenagers that did abortion, being forcefully married due to getting pregnant before marriage or threaten to dropout.

The rejection and insult of society as the reaction against the pregnancy before marriage cause stress for the students. Therefore, they are necessary to be moved from the place causing the stress. In TCS students gain some therapies dan counselling from psychologist, and their parent also gain therapy and counselling to reduce the stressor undergone.

TCS programs are performed during pregnancy and three months after giving birth. In the course of TCS programs, the students can still study as usual with their flexible time and ability. They also gain materials on reproductive health, religious teaching, child care, psychological counselling and consultation for monitoring their psychological conditions and their expectation in the future. They are also entitled to follow the test although it is not in the school of origin.

The TCS programs require the support and role of other parties such as government, school, teachers, doctors and medical personnel, psychologist as well as family. After the recovery of delivery after three months, they consult with their psychologists and parent about the solving of their new problems. The school is also required to give curriculum about sexual education in accordance with social and religious norms, both with hidden curricula and by seminar and consultation method for preventing from sexual intercourse before marriage.

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